

ROCKY MOUNTAIN REGION
DISASTER MENTAL HEALTH
INSTITUTE



Learning from the past and planning for the future

Presents

2006
DISASTER MENTAL HEALTH
CONFERENCE

TAKING CHARGE IN TROUBLED TIMES
Response, Resilience, Recovery and Follow-up

NOVEMBER 8-11, 2006
CASPER, WYOMING

www.rmrinstitute.org/CASPER_Conference_2006.pdf

MISSION OF THE ROCKY MOUNTAIN REGION DISASTER MENTAL HEALTH INSTITUTE

The Rocky Mountain Region Disaster Mental Health Institute is an independent, nonprofit, 501(c) (3) corporation whose mission is to promote the development and application of practice, research, and training in disaster mental health, Critical Incident Stress Management, traumatology and other emergency response interventions and the promotion of community awareness, resilience and recovery. This includes hazards vulnerability and mitigation research, planning and training for first responders, mental health professionals, chaplains and related personnel.

PURPOSE: The purpose of the Institute is to provide a forum for presentation of research results, education, training and consultation in Disaster Mental Health Services (DMHS) and Critical Incident Stress Management (CISD/CISM), advances in delivery of DMHS and CISD/CISM, discussion and sharing of information, ideas and plans, development of a DMHS and CISD/CISM research and service delivery network, presentation of Continuing Education training for mental health professionals, first responders and chaplains, training for newly recruited DMHS and CISD/CISM volunteers and first responders, and publication of program proceedings and papers as appropriate for dissemination to DMHS and CISD/CISM professionals and first responders locally, regionally and nationally.

SIGNIFICANCE: Mental Health Services before, during and following disasters, critical incidents, crises, and terrorist activities are becoming an integral part of disaster and critical incident preparedness, mitigation, response, and follow-up. Disaster Mental Health Services is a relatively new field which has expanded significantly within the past ten years. Critical Incident Stress Debriefing and Critical Incident Stress Management have been around since the early 1980s. In order to continue to grow and meet identified needs, both will require continued development as well as focused research and training. Research will help identify how Mental Health Services can best be utilized as well as how relevant changes need to be made in practice. Networking and sharing experiences can also help develop resources.

The long-term goal includes training emergency Disaster Mental Health teams and CISM teams to conduct interventions for corporations, states, municipalities and rural communities in the Rocky Mountain region and to evaluate their effectiveness in reducing the effects of trauma on first responders and others as well as affected communities and organizations.

PRE-CONFERENCE WORKSHOPS

November 6-7, 2006

Pastoral Crisis Intervention

Instructor: Rev. Bob W. Rudichar

Pastoral Crisis Intervention may be thought of as the combination of faith-based resources with traditional techniques of crisis intervention. Pastoral crisis intervention represents a powerful addition to traditional community and organizational psychological support resources. The purpose of this two-day workshop is to assist the participants in learning how pastoral interventions and traditional psychological crisis interventions may be effectively integrated. Chaplains, pastoral counselors, mental health professionals, ministers, and anyone interested in the use of faith-based resources in healing should find this course of interest. (*13 contact hours; 1.3 General CEUs from UMBC*)

Group Crisis Intervention

Instructor: John Durkin

The CISM: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multicomponent crisis intervention curriculum. The two day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusings and the group intervention known as Critical Incident Stress Debriefing (CISD). The CISM: Group Crisis Intervention course specifically prepares participants to provide several of these interventions, specifically demobilizations, defusings and the CISD. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multicomponent crisis intervention strategy, which is discussed in this course. The CISM: Group Crisis Intervention course is designed to specifically teach crisis intervention and Emergency Mental Health skills such as demobilizations, defusing, and CISD. At the completion of this course, participants will be able to : Define stress, CIS, and PTSD; List the 10 basic interventions of CISM; and Define and describe in detail the CISM group processes of Demobilizations, Defusings, and Debriefings. (*14 Contact Hours; OR 1.4 general CEUs from UMBC*)*. Completion of The CISM: Group Crisis Intervention class and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

Advanced Group Crisis Intervention Instructor: George W. Doherty

The Advanced Group Crisis Intervention training program has been designed to provide participants with the latest information on critical incident stress management techniques and post-trauma syndromes. The program emphasizes a broadening of the knowledge base concerning critical incident stress interventions as well as Post-Traumatic Stress Disorder which was established in the basic program and/or in publications. At the conclusion of this educational program the participants will have been exposed to specific, proven strategies to intervene with those suffering the ill effects of their exposure to trauma. The emphasis will be on advanced defusings and debriefings in complex situations. The Advanced Group Crisis Intervention training has been developed for EAP, human resources and public safety personnel, mental health professionals, chaplains, paramedics, firefighters, physicians, police officers, nurses, dispatchers, airline personnel and disaster workers who are already trained in the critical incident stress debriefing format. It will also be useful for those who are working extensively with traumatized victims from various walks of life. (*14 Contact Hours; OR 1.4 general CEUs from UMBC*). Completion of The CISM: Advanced Group Crisis Intervention class and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

WHO SHOULD ATTEND

The conference is a must experience for anyone working in the fields of: emergency medical services and trauma units, crisis intervention, mental health, traumatic stress, emergency services, disaster mental health, military, National Guard & Reserve, schools, law enforcement, firefighters, chaplains and other first responders.

CERTIFICATIONS

Pre-conference courses offered here qualify as classes in ICISF's Certificate of Specialized Training Program. The courses offered meet partial requirements for individuals seeking certification from the **Rocky Mountain Region Disaster Mental Health Institute** as a Certified Disaster Mental Health Responder, Certified Disaster Mental Health Specialist, Certified Crisis Intervention Responder, Certified CISM Specialist.

Courses offered meet partial requirements for individuals seeking certification from the Association of Traumatic Stress Specialists (ATSS) as a Certified Trauma Specialist (CTS), Certified Trauma Responder (CTR), and/or Certified Trauma Services Specialist (CTSS) designation. ATSS offers board certification to qualified individuals

who provide services, intervention, and treatment in the field of traumatic stress. Those seeking certification from ATSS must present evidence of attendance for specific courses. For information regarding certification or ATSS membership, call (800) 991-ATSS (2877) or visit the ATSS web site at www.ATSS.info .

CONTINUING EDUCATION Certificates will be provided to participants upon successful completion of these courses and will indicate the number of Contact Hours. These can be used for proof of completion for continuing education with the Wyoming Mental Health Professions Licensing Board. CEUs by the Wyoming Psychological Association and POST credit are pending. Please call concerning CE requirements for other professions. (307-399-4818)

CERTIFICATES OF ATTENDANCE All participants in pre-conference workshops will be awarded Continuing Education Units (CEUs) from UMBC (University of Maryland, Baltimore County) on their attendance certificate following verification of attendance by checking in at the Registration Desk before 10:00 AM daily. All certificates are distributed on-site at the completion of each class to participants whose attendance has been verified. Late registrants and on-site registrants will receive their certificates by mail within three weeks of completion. Registrants who do not show up will be charged a \$25 fee to cover the costs of manuals ordered and certificates printed prior to the class. Participants who do not pick up their certificate must contact the Institute to receive it and may be charged an additional fee.

UMBC CEUs are awarded in a ratio of one Continuing Education Unit for every 10 Contact Hours (refer to course descriptions for Contact Hours & UMBC CEUs). ICISF certificates of attendance are not proof of profession specific CE/Contact Hours. Many national, state and local licensing boards and professional organizations will grant Continuing Education credit for attendance at these courses (save this brochure and your Certificate of Attendance). It is the responsibility of the participant to determine if his or her licensing board will accept these CEUs.

CERTIFICATES OF CONFERENCE ATTENDANCE All conference delegates will be provided with Certificates of Attendance. Each presentation will be listed on the reverse with the number of contact hours. It is the responsibility of the delegate to have each presenter sign off on their certificate. Please hold on to your brochure to document the content of each presentation.

- **Buffet Lunch will be provided each day**

PRESENTATIONS

Disaster and Incident videos will be shown in separate rooms during conference on all days.

Wednesday – November 8

8 AM – Registration

- ***Pandemic Flu Update – 9:00 AM***

Dr. Richard Luce and Lori L. Baker

Pandemic Influenza is currently a major global public health concern and the focus of extensive ongoing planning efforts at the federal, state, and local level. This talk will provide a basic review of the history and biology of influenza viruses, an update on the current avian influenza situation internationally, and provide information on preparation and planning efforts being conducted by the Wyoming Department of Health.

- ***Pandemics and Biological/Chemical Terrorism Attacks: A New Role for Disaster Mental Health - 10 AM***

Thom Curtis, Ph.D.

In October 2005, the United States Department of Health and Human Services published a warning of a new influenza pandemic. It proposed a scenario in which 8.5 million Americans would be hospitalized and 1.9 million would die. In the event of this catastrophe or a biological/chemical terrorism attack, overextended local medical facilities will be confronted by a crush of non-exposed citizens while trying to deal with those who have been infected. This paper proposes a role for disaster mental health workers in assisting the medical community to triage and separate the sick from the merely worried.

- ***Understanding the Abnormal Grief Spiral of Human Response to an Abnormal Event OR How to Shake Off the Sucker Punch of Life - 11 AM***

David Sones, RNCS, APN-BC

Over the years since Dr. Elisabeth Kubler-Ross (1996) first described the stages of loss, many pioneers in the mental health field have attempted to identify how each of these stages affect individuals or groups pathologically. Many, such as Dr. Mitchell (1995) of the Critical

Incident Stress Management fame have attempted to use this knowledge as a means of preventing the long term effects of dysfunctional grief or sudden emotional trauma. However, the sequence and onset of these stages has long been felt to be unpredictable. Today, with improved understanding of the neuron-chemical responses, learned coping skills development, cognitive and behavioral concepts, we are now able to use the stages of grief to predict human response. Through this understanding, we are able to predict grief reactions to more positive/supportive interventions allowing for a rapid return to stability from the sucker punch of life. "Events which have sufficient emotional power to overwhelm a person's usual effective ability to cope." (Mitchell, 1995). Our ultimate goal is the re-establishment of predictability which leads to a return to stability.

- ***Fire on the Mountain: The Jackson Canyon Fire - 1 PM***

Stewart Anderson and Theresa Simpson

A discussion on the aspects of fighting the fire, coordinating the largest evacuation/sheltering in Wyoming and the toll it took on both evacuees and responders.

- ***Response to Tornado in Wright, Wyoming - 2 PM***

David King and Chief Gary Scott

David King and Chief Gary Scott will present information concerning the response to the Wright Tornado on August 12th, 2005 which led to a Presidential Disaster Declaration. The recovery efforts are still ongoing for some Wright residents, however much of the community has resumed a normal routine. David is the Campbell County Emergency Management Coordinator, and Chief Scott oversaw the Emergency Operations Center in the days and weeks that followed the tornado's impact.

TABLE TOP DISCUSSIONS - 4 PM

Table Top Discussions are an informal time of roundtable discussions and networking opportunities. These discussions help people connect with each other and share ideas, information and experiences. Each table will have a different discussion topic to focus on, a facilitator, and a limited number of participants. Plan to be part of these lively and informative discussions each day. If you wish to sign up for one or more of these, please indicate your interest on registration form. Slots are limited and will be filled on first-come basis.

- H. Planning for Pandemic Flu Facilitator: TBA
- L. Mental Health and First Responder Roles in planning for terrorist actions Facilitator: TBA
- G. Responding to Victims of Wildfires Facilitator: TBA
- K. CISM in Rural Communities Facilitator: TBA

Thursday – November 9

- **KEYNOTE ADDRESS: Life After a Terrorist Attack**
8:30 AM

Joshua Faudem

What is it like living in a state of perpetual war and terror? Tragedy put in its appearance at Mike's Place after midnight on Wednesday, April 30th, 2003. Death and injury came in the twinkling of an eye, intruding on the idyll the filmmakers had begun to capture: a suicide bomber exploded himself on Jam Nite. Blues By The Beach not only has footage of a suicide bombing; the film shows the effects of terror, the aftermath and moving on. For more information about the speaker and his documentary and experiences, go to:

<http://www.joshuafaudem.com/>

- ***Mike's Place: Resiliency of Israeli Suicide Bombing Victims***
10 AM

Thom Curtis, Ph.D.

Mike's Place is a rock and roll bar next to the American Embassy in Tel Aviv. On April 23, 2003, two well-dressed young men with British passports approached. Avi Tabib was the security guard who sensed something was unusual about these customers and confronted them at the curb. The explosion that followed killed four including the terrorist and wounded over fifty. Avi survived, but experienced a long and painful recovery. Based on interviews with Avi and other survivors, this presentation details his resiliency and the fortitude of coworkers who reopened Mike's Place on Israel's Independence Day one week after the attack.

- ***A Soldier's Trauma - Everyone's Trauma - 11 AM***

Nancy L. Day, CTS, CTM

This is not a talk about the symptoms of PTSD or stress management. This talk is about permanently resolving PTSD quickly, privately and without negative side effects. This is a talk about Traumatic Incident Reduction (TIR). Trauma is a personal relationship with an experience. For a soldier and a soldier's family, trauma may occur during mobilization, deployment, employment, re-deployment and/or

demobilization. The ripple effect of a soldier's trauma can affect us all. TIR gives us a tool to do something about it. TIR goes to the root of the trauma and wipes it out. Find out more.

- ***Why Good People Go Bad:
A psychosocial look at Abu Ghraib - 1 PM***

Alan Hensley, MS, BCETS

Abu Ghraib was a hastily created detention facility to contain individuals that jeopardized potential success in Iraq. The inmates were of unquantifiable risk and represented a perceived threat to the greatly outnumbered guard force. Few if any spoke English, the guard force was unable to communicate needs or desires, and the prisoner-to-guard ratio was inordinate by all measures. Abu Ghraib was also an opportunity to gain valuable intelligence regarding insurgent capabilities and threats to American and Coalition forces. Consequently, a large contingent of CIA and contract former military counter-intelligence officers were assigned and provided a wide degree of latitude in their operations. Alternatively, the guard force was largely young reservists who had never seen military duty outside of the continental United States. None were trained in prison operations in wide contrast to individuals assigned as guards in prison environments in the United States. None were screened for personality or predispositional factors that might affect their behavior in the stressful environment found in Abu Ghraib. The Department of Defense neglected to recognize Maslow's hierarchy of needs, group schema theory, the effect of fear and sleep deprivation, or take advantage of Dr. Zimbardo's Stanford Prison Experiment of the 1970's that would have greatly predicted the outcome of Abu Ghraib and forewarned of key thinking errors. Key indicators also greatly predicted the potential for pervasive post-traumatic stress among the guards. The investigators failed to recognize the effects of "false memory" created by self-serving incentive, repetitive interrogations, leading questions, and the unquestionable influence of the international community in "the politicization of Abu Ghraib." Hensley offers practical solutions that would have prevented the embarrassment of Abu Ghraib and other highly visible purported atrocities in Operation Enduring Freedom and Operation Iraqi Freedom (OEF/OIF) that even today are not being implemented despite the fact both Dr. Phillip Zimbardo and Mr. Hensley have repetitively advised the DoD to implement. Further, Hensley argues we are creating a generation that will create an unprecedented strain on the nation's medical and mental healthcare system that is likely to become multigenerational. The information included in this presentation is widely generalizable to other environments such as those seen in Hurricane Katrina and others that will inevitably follow.

- ***Family Assistance Center's of Wyoming (FAC's) - 2 PM***

Debbie Russell, FAC Supervisor

FAC's support all DoD deployed families, all services, all components. The FAC's are critical links for the Service Members, families, commands and community. FAC's are strategically placed in the state to overcome the geographic distance that frequently separates families from centralized, installation-based services. FAC's are the primary entry point for assistance for all Service Members regardless of Service Component and provide information, referral, and outreach to Service Members and families during the deployment process – a process that encompasses preparation (pre-deployment), sustainment (actual deployment), and reunion (reintegration). FAC's support our Service Members and are dedicated to helping families help themselves and each other. We are vital to the welfare of our families during deployments. FAC's are not just an indispensable pillar of support for families of deployed Service Members – they also provide critical assistance to demobilizing Service Members and promote the long-term health and welfare of the military family. FAC's also provide information and services for retirees and Veterans.

- ***The Family Assistance Center (FAC):
More than coffee and doughnuts. - 3 PM***

Stewart Anderson and Theresa Simpson

A look at planning a family assistance center from the finding and setting up of a facility to when to break it down. Setting up and running a center on a 24 hour basis as well as all of the services that are needed.

- **TABLE TOP DISCUSSIONS: 4 PM**
 - A. Preparing Communities for Returning Military and their Families
Facilitator: Debbie Russell
 - B. Response, Resiliency, Recovery and Follow-up to critical incidents Facilitator: TBA

WELCOME RECEPTION PROVIDED BY:



CASPER AREA CONVENTION AND VISITORS BUREAU
992 NORTH POPLAR – CASPER, WYOMING – 82601
Thursday Evening, November 9, 2006

DELEGATE RECEPTION/DINNER (Cash Bar) - 6 PM

(Reception is sponsored and provided by the Casper Tourism Board. Please indicate that you will attend so we can have an accurate head count.)

Location: Casper Events Center – Includes History of Casper by Original Residents. Sponsor: Casper Tourism Board – Read directions below:

DIRECTIONS TO THE CASPER EVENTS CENTER

LOCATION: Summit Room of the Casper Events Center

So people do not get lost trying to get the Summit Room of the Events Center, please review the following directions and/or pair up with someone who knows the way. You can also check the directions at the Hotel Desk.

From the Holiday Inn on The Rivermake a right on to “F” street and proceed to stop light (Quality Inn is on that corner) and make another right on to Poplar Street. Take Poplar Street past Historic Trails Center to “stop sign” take another right onto Event Center Drive **NOW THIS IS THE TRICKY PART.** **You will drive past the Events Center to the end of the road. Turn right on 3 trails road to lower back parking lot. Enter building from side door on left and go up the stairs on left. That will lead you to the Summit Room.....Most likely all three of the gates in front of the Events Center will be locked.....so don’t panic that you can’t get in.....or think it was canceled.**

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If you encounter either of the persons you see in the pictures below, feel free to talk with them and ask them questions about their lives.



Reception Program

6:00 pm

”Welcome to Casper”

The Honorable Renee R. Burgess, Mayor of
Casper

6:30 pm

Cash Bar and Dinner

DINNER BUFFET

Tossed Green Salad

Hamburgers

Grilled Chicken Breast Sandwich

Potato Salad

Blazing Saddle Beans

Corn Cobbettes

Dessert: Rainbow Sherbet

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7:00 pm

Bruce Berst, Company I

Story of the Platte Bridge Station and Red Butte Battle as told by
Bruce Berst

7:30 pm

Carol Chapin, Director of Convention Sales

Casper Area Convention and Visitors Bureau

Story of the City of Casper - It's transformation from
Cattletown to The Oil Capitol of The Rockies.

Friday – November 10

- ***Resolving Distress: The Medical Myth - 9 AM***

John Durkin, Msc

The National Health Service in the United Kingdom follows guidelines on the treatment of Post-traumatic Stress Disorder (PTSD) that demand cognitive-behaviour therapy (CBT), Eye-movement Desensitization & Reprocessing (EMDR) and drug therapies. Concerns are emerging that this “medical model” viewpoint of stress may be restraining innovation and limiting progress. Viewing stress in a person-centred way however may offer a practical, flexible and potentially superior alternative to the medical-model. Using Traumatic Incident Reduction (TIR) as an example of a person-centered approach, the presentation will challenge the relevance of formal diagnosis and treatment to the resolution of distress.

- ***Wind River All Hazards Team - 10 AM***

Allison Sage, MSW

This presentation will provide information about the ongoing development process of constructing an All Hazards Emergency Preparedness System for the Wind River Indian Reservation. The Wind River Indian Reservation has two tribes living on it and consists of 2.2 million acres. The population of the enrolled members of both tribes and the residents of Fremont County is close to 34,000. The presentation will discuss the collaboration of a multitude of Governments, departments and agencies and explain the different authorities involved. One important aspect of implementing this emergency preparedness system is educating and mobilizing the residents of the Wind River Indian Reservation, due to cultural awareness factors. The class participants of this presentation will learn and have a better understanding of the challenges in implementing an emergency response system within a Indian reservation and with other governmental agencies.

- ***Online Critical Incident Stress Management Training - 11 AM***

*Richard J. Conroy, MS
Assistant Chief (ret.)*

The International Critical Incident Stress Foundation (ICISF), in partnership with Weber State University has undertaken an on-line learning initiative that will help broaden the availability of updated training material to those involved in the crisis and disaster mental health field. Weber State University received grant funding to explore the expansion of critical incident stress management training in the Western US. One of the grant objectives was to help make training information available to students in new and innovative ways. The pilot course developed for online access is titled *The Changing Face of Crisis and Disaster Mental Health Intervention*. This course provides an ongoing

update in the fields of critical incident response, crisis intervention, and disaster mental health. These fields are in constant flux, evolving with every major disaster. Every week the headlines reflect terrorism, natural disasters, and fears of pandemics. New information comes out regularly. It is therefore necessary to keep those who must meet these challenges abreast of important changes as they occur. These updates can be an important medium to provide access to the latest trends, theories, and practices.

- ***Preparing for the Worst: Pre-Disaster Emotional Hardiness for Clinical and Administrative Staff - 1 PM***

Melinda D. Koenig, Psy.D.

In the event of a disaster psychological victims are expected to outnumber medical victims by as many as ten times or more. A disaster can be expected to affect healthcare professionals in immediate and prolonged ways that may impair their ability to care for disaster victims. Healthcare professionals experience the same risk factors as the population in general, but are called upon to respond regardless of their personal risk. The community in which one works has a great deal of influence over workers' ability to withstand either acute or chronic stress. By addressing predictable stressors, anticipating possible pathological reaction, and by increasing staff resilience the healthcare facility can improve disaster response. By simple training in psychological first aid staff can have response tools on hand to address the anticipated psychological demands of individuals affected by disaster or severe emergencies. Staff who understand normal reactions, who are aware of their own vulnerabilities, and who know how to respond are more able to withstand the impact of acute stress on themselves. This presentation addresses pre-disaster emotional preparedness for healthcare staff from the viewpoint of current literature, from Meichenbaum's ideas of "stress inoculation," from Crimando's techniques for "psychological first aid," as well as from issues in corporate hardiness.

- ***The Dissociation of Abigail: Use of TIR in Dissociative Identity Disorder (DID) - 3 PM***

Alan Hensley, MS, BCETS

Raised in a cult environment in the 1970's, the attractive and intelligent Abigail was repeatedly physically, psychologically, and emotionally tormented as a child. Sexually abused by family members and others, Abigail developed Dissociative Identity Disorder (DID) with at least seven distinct alternate personalities (alters). As many in her situation do, she married into an abusive relationship in which her husband controlled her every movement and offered her as a sexual object to friends and family. Finally exposed as a pedophile, Abigail's husband was prosecuted, leaving her and five children to fend for themselves. Suffering from DID and agoraphobia, Abigail rarely left the comfort of her home. Having exhausted conventional therapy, Abigail's therapist requested Mr. Hensley to employ Traumatic Incident Reduction (TIR). Even after one lengthy session, Abigail has begun a well-documented

remarkable road to recovery; able to leave her home with greatly diminished anxiety, carry out transactions that she never imagined possible, and has enrolled in adult college courses to enable her to seek productive employment.

- **TABLE TOP DISCUSSIONS: 4 PM**
 - I. Certification and Training for CISM Responders
 - J. Mental Health Professionals and Emergency Management
 - L. Pre-disaster Strategic Planning Facilitator: TBA
- **DELEGATE DINNER - 6:30 PM Petroleum Club – Check for details upon arrival. This is included in registration for ALL delegates AND presenters and we need an accurate head count of delegates and presenters.**

Saturday – November 11

- **Disaster and Triage: Implications for mental health professionals 9 AM**

Norman Linzer, PhD; Heidi Heft La Porte MSW, DSW
& Jay Sweifach MSW, DSW

Social workers are among the key allied professionals who provide vital care during emergency situations; they are expected to provide services while concomitantly sorting out personal reactions, and other challenges caused by the disaster. During these moments, choices about service provision with ethical implications are numerous. This presentation highlights the results of an international qualitative study examining the impact of terrorism on social work agencies and their labor force. This study was conducted with focus groups of social workers in health care and social service settings. The major research question concerned the impact of disasters on agencies and social work practitioners. Focus was placed on the ethical dissonance experienced by social workers as a result of triage-based decisions that needed to be made.

- ***Care for the Caretakers: The emotional and physical impact of workers who help in or with Disaster Survivors. How do we look after ourselves? - 10 AM***

Patricia Justice, M.A., BACP

In 2005 Patricia Justice visited as a Volunteer the worst hit area of Thailand after the 2004 Tsunami. She has returned 4 times to the same area to follow up the progress in Khoa Lak where over 6000 lives were lost. Many of the bodies have still not been identified and lie in refrigerated trucks in the same area! Survivors still do not know

whether their loved ones bodies will ever be returned to them or are lost forever. This time she is also doing follow-up work in Sri Lanka to assess the ongoing effects on this population. The impact on those people who work or worked with these people is little known. This is an important topic if responders are to prepare for future events. Patricia herself was involved in a near fatal car crash in April and will talk about how the survivors of the Tsunami "cared for me". She will talk personally and discuss the issues around this little researched topic. How long can those directly involved keep going? What effect does it have on them and their families? What preparation do they need for future events? Can we do anything to prevent secondary traumatization for workers? In 1996 after the Docklands Bomb (ex IRA) in London England as a trauma therapist involved she researched as part of an M.A. the experience of Counsellors and Critical Incident Debriefing from this event. She will present some of these findings. Currently, she will also present her own experiences of working both in Thailand and Sri Lanka following the Tsunami on December 24th 2004. This will be a practical workshop to share and discuss what we can do to help ourselves following these disasters in order to provide better practice in the future.

- ***Culture and Ethics in the eye of the Storm: Engaging Katrina Survivors in Pennsylvania - 1 PM***

Kenneth Glass, Ph.D.; Tommy Davis, Ph.D.; Suzilene Board, Ph.D.
Tasha Graves, M.S.; Marquita Williams, M.A.

New Orleans and the gulf region experienced the most intense natural disaster in recent United States history. The City of Philadelphia offered to provide care, shelter, and treatment for gulf families in Philadelphia. WES Corporation, Pennsylvania's largest African American managed behavioral health organization, was asked to provide emergency assessment, triage, and treatment. The presentation highlights the process of developing effective and culturally competent services for victims of a natural disaster in a short time frame in an ethical manner. The services include: understanding the clinician's ethical challenges in natural disasters; creating culturally competent care and privacy in an emergency situation; articulating the unique aspects of engaging families of varying ethnic backgrounds in a temporary setting; and balancing your existing work with new demands.

TABLE TOP DISCUSSIONS - 4 PM

- C. Role of Culture and Cultural Sensitivity in Disaster Responses Facilitator: TBA
- D. Hurricanes and other Natural Disasters Facilitator: TBA
- E. Global Warming and How to Prepare for it Facilitator: TBA

PRESENTERS

- **Stewart Anderson** Born in California but raised in Casper WY since day 3. Attended schools in Casper, graduating from Natrona County High School in 1977. Became a member of the Casper Police Explorer Scouts in October of 1975, employed with the Casper Police Dept as a community service officer from summer of 1977 through June of 1979. At this time became a sworn officer with the Evansville WY Police dept advancing to the rank of sergeant by the time I left in January 1983. January 1983, employed with the Natrona County Sheriff's Office. Rank of Lieutenant and second in command of the patrol division. Took over command of patrol division in November of 1988 until spring of 1989. April 1 1989 to present servicing as Natrona County Emergency Manager, division of the Sheriff's Office. Associates degrees in Criminal Justice, Fire Science and currently working on Associates for Emergency Management and managing a degree program at Casper Community College. Adjunct instructor for State of Wyoming Emergency Management, Wyoming Law Enforcement Academy, Wyoming Fire Academy, Casper Community College, South Dakota Office of Emergency Management.

Contract employee for Kenyon International Disaster services under which worked the anniversary memorial event for Egypt Air 990 air disaster in Rhode Island held October 2000, New York Terrorist Attack in September 2001, US Airways flight 5481 anniversary and DOD flight crash, and tsunami response in Thailand February 2005.

Certifications in the following areas: WY P.O.S.T. General Instructor, EMT-B., Certified Professional Peace Officer, Completed FEMA PDS courses, IFSTA Hazardous Materials Technician, Rescue Diver, EPA Emergency Response to Hazardous Materials, CERT coordinator for Natrona County. Two children; Eric (AKA Disaster Boy) age 14 and Bailey, age 6. Personal enjoyments; fly fishing, scuba diving, video gaming, and being a closet fire fighter.(and there aren't many fires in closets!).
- **Lori L. Baker** is a surveillance epidemiologist at the Wyoming Department of Health, Infectious Disease Epidemiology Program. She began working with the department as the influenza surveillance epidemiologist in June, 2006. While obtaining her masters of science in public health, she worked at the University of Colorado at Denver and Health Sciences Center as the research coordinator for the Colorado Muscular Dystrophy Surveillance, Tracking and Research Network. In addition, she has worked as a research assistant in the fields of autism and type I diabetes, also at the UCDHSC campus. Lori obtained her undergraduate degree from the University of Wyoming with a B.S.

in Marketing and minors in Zoology/Physiology and Decision Science.

- **Dr. Suzilene A. Board**, licensed Psychologist and certified school psychologist, is the Director of the Assessment and Evaluation Center at WES and WES Director of Project Brotherly Love (Philadelphia Gulf Response).
- **Richard J. Conroy, MSCJ** is a program administrator and co-principal investigator of a CISM grant project at Weber State University. He retired from law enforcement, having served as an Assistant Chief of Police at the municipal level. He is a life member of the International Association of Chiefs of Police and was a co-coordinator in the late 1980's of a Florida multi-disciplinary CISM team. Mr. Conroy has published in the FBI Law Enforcement Bulletin on CISM. He served as a police academy faculty member and developed a recruit level, role-playing training curriculum in crisis intervention. Mr. Conroy holds a Certificate in Specialized Training (Emergency Services) from the International Critical Incident Stress Foundation and is a member of the program planning committee for the 9th World Congress on Stress, Trauma and Coping, to be held in Baltimore, MD in February 2007.
- **Thom Curtis, Ph.D.**, is an Associate Professor at the University of Hawaii at Hilo where he focuses on terrorism and disaster psychology/sociology. He has participated in numerous disaster responses from Guam to New York and served as a consultant to government and private agencies involved in disasters. Over the two years, he has traveled across the Atlantic three times to conduct terrorism related research in Europe, the Middle East and North Africa. While his primary focus is on the social and psychological attributes of terrorists, he has also examined the resiliency of direct and indirect survivors of terrorism attacks in Israel, Europe and the U.S. His recent work includes journal articles titled, "***Child Abuse in the Wake of Natural Disasters***" and "***Fatal Aviation Accidents in Rural Communities: Response Preparation Strategies***" and presentations titled "***The Path to Jihad: Recruitment of U.S. Citizens by Islamist Organizations***" and "***Native Hawaiian Perceptions of Violence as a Means to Attain Sovereignty***". He also edited the book, "***Hawaii Remembers September 11***". He is a licensed Marriage and Family Therapist and American Red Cross Disaster Mental Health Instructor.
- **Tommy Davis, III**, a licensed Psychologist and Certified School Psychologist, Chairs the WES Clinical Working group. Dr. Davis received his Ph.D. in Clinical Psychology from The City University of New York and formerly was the Co-Director of the Philadelphia

Multisystemic Therapy (MST) Project, a national treatment model cited by the Surgeon General for its treatment of aggressive and adjudicated youth.

- **Nancy L. Day, CTS, CTM** is a Certified Trauma Specialist with the Association of Traumatic Stress Specialists (ATSS), a Certified Traumatologist, and a Certified Advanced Traumatic Incident Reduction (TIR) & Metapsychology facilitator and trainer. TIR is a procedure best known for its use as an effective tool for use in the rapid resolution of trauma-related conditions, including PTSD. Nancy is also a volunteer on a CISM team in Kansas City, specializing in the follow-up stage of crisis response. Never satisfied with mediocre, Nancy focuses on procedures that help individuals get results quickly, privately and without negative side effects.
- **John Durkin, Msc** is a psychologist specializing in the stress of fire, rescue and emergency work. As a firefighter he was medically retired with PTSD and upon graduation became accredited as a Trainer of Critical Incident Stress Management (CISM) with the International Critical Incident Stress Foundation (ICISF). He is Chair of the Research Committee of the Traumatic Incident Reduction Association (TIRA) and sits on the Board of Applied Metapsychology International (API). John is embarking on a PhD at the University of Nottingham with a research program investigating a person-centered approach to the resolution of distress in occupations at high-risk for PTSD.
- **Joshua Faudem** was born in Detroit MI in 1975
His interests include World history, world politics, photography, visual art/painting/film, Psychology and music. He was a member of Israel's 93'-98' national softball team. Joshua education included 88'-92': Golda Meir High School, Jerusalem, Israel; 92'-94': School of Performing Arts Theatre Department, Jerusalem Israel; 99'-02': Academy of Performing Arts FAMU (Film, TV & Photography) In Prague.
His Projects/short films include:
 - 1998 " In My Comfortable Shoes" (6 min.)
 - 1999 " Full Service" (6 min.)
 - 2000 " The Man Who Had Enough" (5 min.)
 - 2000 " The Sound of Tolerance" (12 min.)
 - 2002 "Jerusalem Pride" {18 min}
 Projects/Feature Length Films include:

2001 "A Will To Dance" documentary (60 min.)

2004 "Blues By The Beach" documentary (75 min)

2004 " Russki Battalion" documentary (60 min)

MILITARY SERVICE: 1994-1997 - First sergeant in the 50th regiment/airborne, IDF (Israeli Defense Forces)

EMPLOYMENT: 1997-98 Nursery school teacher at Kibbutz Zellim, Negev, Israel.

1998 Commercial fisherman, Monterey, CA.

1999 Assistant photographer, Lighthouse Productions, New York.

2000-01 Director, " I Will To Dance" Axman productions, Prauge, Czech Rep.

2002 assistant producer, associated producers, Toronto, on the film "JAMES" for discovery channel.

2003-04 Director, " Russki Battalion", Globus Group, Tel Aviv, Israel

2004-05 Director, "Blues By The Beach", Pax Americana, New York, USA

2006 Assistant director, The Third Temple Trilogy, FPAD Productions, Tel Aviv, Israel

2006 Director, "Sounds of Music from Ramallah", FPAD Productions, Tel Aviv, Israel

- **Kenneth Glass**, a licensed Psychologist, is the Chief Executive Officer at WES. Dr. Glass obtained his Ph.D. in Clinical Psychology from Columbia University and a Finance Certificate from Harvard Business School. Dr. Glass was a program committee member for 5 years at The Roundtable at Columbia University, the nation's largest and longest running conference devoted to cultural issues in treatment.
- **Tasha E. Graves** is the Director of Family based services at WES and is a Psy.D. candidate in Clinical Psychology at Chestnut Hill College.

- **Alan Hensley** is a retired 25-year national-level Intelligence Officer with extensive experience in special operations, counter-insurgency operation, and intelligence collection operations in hostile environments. He possesses a BS in Healthcare Management, BS in Information Systems Management, an MS in Criminal Justice, and is currently in the dissertation phase of Capella University's Human Services PhD program, specializing in research and treatment of PTSD. He has extensive experience in psychological operations (PSYOP), human intelligence collection, cryptologic operation, and traumatic stress intervention. He is highly active in Iowa's Operation Enduring Families, participating in pre-, peri-, and post-deployment counseling of National Guard men and women serving in Operation Enduring Freedom and Operation Iraqi Freedom (OEF/OIF) and their families. He is also active in the National Organization for Victims' Assistance (NOVA), Nebraska and Iowa organizations counseling victims of childhood sexual abuse, and is the Mills County, Iowa Victims of Domestic Violence and Sexual Assault Advocate Coordinator, giving him far-reaching experience in PTSD development and predisposition.
- **Patricia Justice** runs the Docklands Counselling & Psychotherapy Services in the East End of London and works with many EAP's (Employment Assistance Programmes) and trains Government Health & Safety Inspectors in dealing with major incidents. She is a supervisor and also teaches on various counselling related courses. As Vice Chair of the Personal Relationship & Group Work Division of the British Association of Counselling & Psychotherapy this division represents Practitioners in Private Practice. Involved both personally and professionally following the I.R.A. Docklands Bomb in 1996 she then specialized in working with traumatized individuals and bereaved families. This involved her in many UK and International critical incidents. Previous papers published relate to these and her experience with diverse cultures, gives her a unique perspective for her ongoing work, currently with Tsunami survivors and in the very recent London bombings.
- **David Allen King** has been the coordinator for the Campbell County Emergency Management Agency since October of 1997. David took his first emergency management class in November of 1993 and completed his Professional Development Series certification with FEMA in the summer of 2001. David is a past President of the Emergency Management Association of Wyoming and is a licensed amateur radio operator, call sign KE7EKA. David's working career began as a photographer, darkroom technician and part-time sports reporter for the Torrington Telegram Newspaper, in Torrington, Wyoming for two years while in high school. During his senior year he began working in radio as a Disc Jockey in Torrington and during the

next 27 years he worked as a News Reporter at stations in Lincoln and Scottsbluff, Nebraska and Laramie, Wyoming. David and his wife Cheryl moved to Gillette in August of 1977 to be a News Reporter for KIML Radio, becoming News Director one year later and named Station Manager in November of 1987. David is a member of the Campbell County Volunteer Fire Department since 1996, certified as a Firefighter II in the State of Wyoming, a Hazardous Materials Technician and member of the CCVFD's Hazardous Materials Response Team. David is certified as a Fire Instructor 1, a Wyoming Contract Trainer for "Awareness Level" (Hazardous Materials Training) for the State Emergency Response Commission and has instructed for the Wyoming Emergency Management Agency. He has completed the FEMA Terrorism Planner course, has taken specialized training in EMS Decontamination, Explosives for Fire and HazMat Responders at the Idaho Hazardous Materials Training Center in Pocatello, Idaho, completed the EPA Sampling for Hazardous Materials course, is certified as a Dispatch Recorder by the National Wildland Coordination Group, holds an Engine Operator Card. He is also certified as a Basic Emergency Medical Care - First Responder by the Wyoming Department of Health since 1996. David is a member of the Campbell County Local Emergency Planning Committee and has been a member of the Wyoming Association of Broadcasters Board of Directors, the CamPlex Heritage Center Advisory Board in Gillette and the Campbell County Parks and Recreation Department Board of Directors. David also officiated high school basketball and football for 20 years. As a result of his work following the Wright Tornado on August 12th, 2005, David was named Citizen of the Year by the Campbell County Chamber of Commerce. He received the Gordon Kent Emergency Manager of the Year award from the Emergency Management Association of Wyoming in 2002.

- **Melinda Koenig, Psy.D.** is a licensed clinical psychologist and Director of a large outpatient psychiatric clinic of a multi-site hospital in Manhattan. A former head of outpatient mental health services for the US Navy, she has focused on the particular stresses faced by healthcare professionals and hospital staff as they are called to respond to a wide range of emergencies. She is the Chairperson for her Department of Psychiatry's emergency response program and has written the emergency response plan for staff surge requirements in disaster response, which includes an emphasis on training for maximum resilience. As Corporate Coordinator for Mental Health Disaster Preparedness for the six-hospital corporation in New York, including St. Luke's-Roosevelt Hospital, she is responsible for initiating, implementing, and coordinating staff emergency preparedness and support.

- **Heidi Heft LaPorte** Areas of Expertise: Research methods, mental health, consumer satisfaction in health care settings, database applications for social service Degrees: MSW, DSW, Wurzweiler School of Social Work, Yeshiva University Assistant Professor.
- **Norman Linzer** Areas of Expertise: Jewish community, professional values and ethics Degrees: MSW, Yeshiva University; MA, PhD, New School University; Ordination, Rabbi Isaac Elchanan Theological Seminary.
- **Dr. Richard Luce** is a veterinarian with the U.S. Centers for Disease Control and Prevention's Epidemic Intelligence Service. He is currently assigned to the Wyoming Department of Health. His work on issues of importance to public health includes avian influenza at the state planning level as well as internationally with the CDC avian influenza field team in Nigeria. He earned his veterinary degree from North Carolina State University's College of Veterinary Medicine and has practiced large animal medicine in Texas. He also earned a Master's degree in Veterinary Science and Epidemiology from the University of Cambridge.
- **Rev. Bob W. Rudichar** is the Chaplain Services Coordinator for Campbell County Memorial Hospital, Gillette, Wyoming, also serving as pastor at Cornerstone Church of God. He is endorsed by the Church of God Chaplains Commission, Cleveland, Tennessee, is a member of the International Association of Christian Chaplains and an endorsed instructor and member with the International Critical Incident Stress Foundation, Ellicott City, Maryland. Bob also serves as the Team Coordinator and Co-Training Coordinator with the Campbell County CISM Team in Gillette.
- **Debbie Russell** is a Specialist with the Wyoming Family Program. She supervises and trains the Family Assistance Center Representatives and assists in training the Lead Volunteers. Debbie Russell began working with the Family Program in 1987 as a volunteer then accepted the position as the FAC Supervisor in 2003. Being a parent and spouse of a service member for 26 years she recognizes the need for providing assistance to families before, during and after deployment.
- **Allison Sage, MSW**, is an enrolled member of the Northern Arapaho Tribe and is currently serving as the Tribal Liaison for the Governor of the State of Wyoming to the Northern Arapaho Tribal Council. Allison has experience in being a past Northern Arapaho Tribal Council member for the term of 2002-2004. He has worked as an Administrator for the Northern Arapaho Department of Social Services which administers the Northern Arapaho

Temporary Assistance to Needy Families and the Child Protection Services programs. Presently Allison is teaching an Introduction to Social Work class at the Wind River Tribal College in Ethete, WY.

- **Chief Gary C. Scott** is a 30 year veteran of the Wyoming Fire Service. He currently serves as Chief and Administrator for the Campbell County Fire Department in Gillette, Wyoming, and has been in this capacity since 1991. He was appointed by President Bush as a fire service representative to Homeland Security for the Emergency Response Senior Advisory Council to former Secretary Ridge and now for Secretary Chertoff. He also serves on several Homeland Security sub-committees. Chief Scott is one of the co-founders of the Volunteer and Combination Officers Section (VCOS) of the International Association of Fire Chief's, serves as the VCOS Legislative Coordinator with extensive commitments in modifying the Fair Labor Standards Act of 1938, and lectures extensively around the country on managing combination fire systems and improving local retention rates for volunteers. Chief Scott is a published author and his most recent document was released by the IAFC titled, "Blue Ribbon Report *Preserving and Improving the Future of the Volunteer Fire Service.*" He is a past president of the Wyoming Fire Chief's Association, and is actively involved with the Wyoming Fire Chief's Legislative Committee. Campbell County Fire Department is a combination fire department comprised of 180 volunteers, supported by 15 career firefighters and 5 support staff, covering city and county operations within a 5,000 square mile area. They are a full service fire department that has extensive wildland responsibilities and hosts one of the seven Wyoming Regional Response units.
- **Theresa Simpson** started her public safety career working as a controller in the Laramie County Jail. She served in this capacity for two years before leaving and becoming a stay-at-home-mom. In 2000, Theresa was employed with the City of Casper as a Public Safety Communications Specialist. In June of 2002, Theresa joined the Natrona County Sheriff's Office serving in the Emergency Management Division. Theresa is currently serving her community as the Natrona County Deputy Emergency Management Coordinator. In this position, she serves as acting Emergency Management Coordinator, is the lead in Project Lifesaver, assists in administering and instructing the Community Emergency Response Team (CERT) program and trains various other agencies, responders and citizens in topics such as the Incident Command System, Disaster Preparedness, CPR, Basic Emergency Care, Emergency Planning and various other response and preparedness classes. Theresa also assists in all phases of Emergency Management; Mitigation, Preparedness, Response and Recovery.

Theresa is married with 4 children and enjoys spending her precious little off-duty time with her family.

- **David E. Sones, RNCS, APRN, BC** received his Master's Degree in Psychology from Norwich University of Vermont, his Bachelors in Nursing from the University of Wisconsin and a Bachelors in Health Science from George Washington University. He received additional training as an Independent Duty Hospital Corpsman with the U.S. Navy, Emergency Medical Technician, Alcohol and Drug Counselor (Wisconsin), PTSD Counselor (Wyoming), Grief Counselor (Wyoming), Critical Incident Counselor with Red Cross (Wyoming), Critical Incident Counselor with Wyoming Assist Program, Mass Fatalities Incident Response Training, and is an educator for Disruptive Behavioral Management. He is currently employed with Mental Health Services of the Cheyenne Veterans Medical Center.
- **Jay Sweifach** (jsweifac@yu.edu) - Assistant Professor, Wurzweiler School of Social Work, Yeshiva University Areas of Expertise: Domestic violence, Jewish communal service, groupwork education, use of information technology, HIV education Degrees: MSW, DSW, Wurzweiler School of Social Work, Yeshiva University.
- **Marquita C. Williams** provides clinical oversight to children's treatment at WES and is a Ph.D. candidate in Counseling Psychology at Temple University.

Transportation information

Air:

Natrona County International (CPR)

<http://www.casperwyoming.org/airport/>

- Distance: 8 MI / 12.87 KM E
- **Airport Directions:**
12 miles west of Casper on Hwy 20/26
- Complimentary Airport Shuttle to/from Holiday Inn
- Taxi Fee: \$11.55 (USD)
- The following airlines service Casper:
 - **Delta** hub is located in Salt Lake City, Utah,
<http://www.delta-air.com>
 - **Sky West**, hub at Salt Lake City, UT
<http://www.www.skywest.com>
 - **United** hub is located in Denver, CO
<http://www.ual.com>
 - **Northwest Airlines**
www.nwa.com

Car Rentals:

Enterprise Rent-a-Car

<http://www.google.com/search?sourceid=navclient&e=UTF-8&rls=GGLG,GGLG:2006-20,GGLG:en&q=Enterprise+Car+Rental+Casper%2C+WY>

120 S Forest Dr
Casper, WY 82609
(307) 234-8122

Others:

<http://www.google.com/search?sourceid=navclient&e=UTF-8&rls=GGLG,GGLG:2006-20,GGLG:en&q=Car+Rentals+Casper+WY>

Directions And Maps:

The **Casper Holiday Inn on the River** is located on I-25.

300 WEST F STREET

CASPER, WY 82601

UNITED STATES

www.ichotelsgroup.com/h/d/hi/1/en/hd/cprwy

SOCIAL ACTIVITIES

Thursday Evening Reception November 9, 2006

Casper Events Center Summit Room – 6:00 PM (See Directions, program, and menu on page 11 of this Conference Program.)

Friday Evening November 10, 2006

DELEGATE DINNER

LOCATION: Petroleum Club

Cocktails - Cash Bar - **6:30 PM**

Dinner - **7:15 PM**

(Dinner is included in registration. Please indicate that you will attend so we can have an accurate head count.)