

ROCKY MOUNTAIN REGION
DISASTER MENTAL HEALTH
INSTITUTE



Learning from the past and planning for the future

Presents

CRITICAL INCIDENT STRESS
MANAGEMENT (CISM) IN WYOMING

May – November, 2007

www.rmrinstitute.org/cism-2007.pdf

Funded in part by:
HRSA Bioterrorism Hospital
Preparedness Program
Wyoming Department of Health
Office of Emergency Medical Services

The Rocky Mountain Region Disaster Mental Health Institute
is a 501 (C) (3) Non-Profit Corporation

The Rocky Mountain Region Disaster Mental Health Institute is an independent, nonprofit, 501(c) (3) corporation whose mission is to promote the development and application of practice, research, and training in disaster mental health, Critical Incident Stress Management, traumatology and other emergency response interventions and the promotion of community awareness, resilience and recovery. This includes hazards vulnerability and mitigation research, planning and training for first responders, mental health professionals, chaplains and related personnel.

PURPOSE:

The purpose of the Institute is to provide a forum for presentation of research results, education, training and consultation in Disaster Mental Health Services (DMHS) and Critical Incident Stress Management (CISM), advances in delivery of DMHS and CISM, discussion and sharing of information, ideas and plans, development of a DMHS and CISM research and service delivery network, presentation of Continuing Education training for mental health professionals, first responders and chaplains, training for newly recruited DMHS and CISM volunteers and first responders, and publication of program proceedings and papers as appropriate for dissemination to DMHS and CISM professionals and first responders locally, regionally and nationally.

SIGNIFICANCE:

Mental Health Services before, during and following disasters, critical incidents, crises, and terrorist activities are becoming an integral part of disaster and critical incident preparedness, mitigation, response, and follow-up. Disaster Mental Health Services is a relatively new field which has expanded significantly within the past ten years. Critical Incident Stress Debriefing and Critical Incident Stress Management have been around since the early 1980s. In order to continue to grow and meet identified needs, both will require continued development as well as focused research and training. Research will help identify how Mental Health Services can best be utilized as well as how relevant changes need to be made in practice. Networking and sharing experiences can also help develop resources.

The long-term goal includes training emergency Disaster Mental Health teams and CISM teams to conduct interventions for corporations, states, municipalities and rural communities in the Rocky Mountain region and to evaluate their effectiveness in reducing the effects of trauma on first responders and others as well as affected communities and organizations.

SCHEDULE OF CISM TRAININGS IN WYOMING 2007

<u>COURSE</u>	<u>DATES</u>	<u>LOCATION</u>
Strategic Response to Crisis	June 29-30	Gillette
CISM in the Healthcare Setting	July 13-14	Casper
CISM: When Disaster Strikes	July 17-18	Casper
Domestic Terrorism and Weapons of Mass Destruction: A CISM Perspective	July 19-20	Casper
Suicide Prevention, Intervention, and Postvention	November 2-3	Riverton
CISM: Group Crisis Intervention	August 27-28	Rock Springs
Strategic Response to Crisis	August 27-28	Rock Springs
CISM: Advanced Group Crisis Intervention	August 29-30	Rock Springs
Crisis Intervention Training For Disaster Workers	Self-paced	Online - PsychCEU

Additional Courses will be added as requested. Updates will be posted online at <http://www.rmrinstitute.org/cism-2007.pf> in the Rocky Mountain Region Disaster Mental Health Newsletter at: <http://www.rmrinstitute.org> and on the WYO CISM NET discussion site. If questions, call: 307-399-4818

Strategic Response to Crisis

Instructor: George W. Doherty

June 29-30, 2007

Location: Campbell County Memorial Hospital - Gillette, WY

August 27-28, 2007

Location: Rock Springs, WY

Knowing what sequence of crisis intervention processes to use for which individuals or groups, at what times, and under what circumstances is crucial to all effective early intervention programs. The course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. Participants will learn to create an effective plan of action to assist those in crisis. Strategic planning and tactical decision making are emphasized, as are rationales for choosing one set of crisis intervention processes over another. Participants will complete a series of exercises designed to sharpen their assessment and crisis planning skills. This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances.

At the conclusion of this course, participants will be able to: Define strategic planning as it applies to crisis intervention; Outline the elements of the National Incident Management System and relate those elements to crisis intervention; Describe a comprehensive, integrated, systematic and multi-component crisis intervention program; Participate actively in a planning process designed to assist the participants in assessing target populations and in determining the type, timing and resources necessary to assist large numbers of people involved in a crisis; and Choose from a list the most important crisis intervention tactics to apply in a simulated complicated or large scale crisis event.

*(14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; OR 1.4 general CEUs from UMBC; Profession specific CEUs pending approval for Nurses. Please call ICISF for more details)**

Day 1: (8:30 a.m. – 5:00 p.m.)

- Crisis Intervention Strategy
- What is Strategic Planning?
- Elements of Effective Planning
- Steps in Developing the Plan
- Task Analysis

Day 2: (8:30 a.m. - 5:00p.m.)

- Planning Exercises
- Planning Models
- Application of Tactical Components
- Discussion/Guidance

CISM in the Healthcare Setting

Instructor: Patricia L. Tritt, RN, MA

July 13-14, 2007

Location: Casper, WY

CISM in the Healthcare Setting The effects of acute, chronic, and cumulative stress in the healthcare environment are becoming increasingly obvious. However, the healthcare setting provides unique challenges in providing effective CISM interventions. This course will examine the types of stressors in healthcare and approaches to critical incident interventions. Through facilitation and group exercises, the participants will explore assessment and implementation of a CISM program, CISM team development, legal issues facing healthcare providers, and special factors in the healthcare environment. Effects on family and personal coping styles will also be explored. This is a two-day program for healthcare professionals who wish to explore the implementation of a critical incident stress program in their organization or a multi-hospital team. The course is appropriate for individuals who have not received ICISF's Group Crisis Intervention training but does not replace that class. Delivery format includes a combination of facilitation, group exercises, dyads, and planning exercises. At the conclusion of this course, the participant will be able to: List situations that may be critical incidents in the healthcare setting; Discuss challenges in providing CISM services in the healthcare setting; Describe the types of CISM team interventions that are most effective in the healthcare setting; Describe CISM intervention and process issues in the healthcare setting; and Design a CISM team for a healthcare organization. (13 Contact Hours; 13 CE Credits for Psychologists; 13 PDHs for EAPs; 13 CE Hours for Calif. MFTs & LCSWs; 13 Contact Hours for National Certified Addiction Counselors OR 1.3 General CEUs from UMBC)* Completion of "CISM in the Healthcare Setting" and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a class in ICISF's Certificate of Specialized Training Program.

Day 1:(8:30 am – 5:00 pm)

- Types of stressors in healthcare
- Stress and critical incident interventions in the healthcare setting: what works?
- Types of interventions
- Lessons from peer support
- The nature of givers

Day 2:(8:30 am – 5:00 pm)

- CISM team development considerations
- CISM team implementation considerations
- Designing a CISM team
- Policies for the organization
- The family perspective
- Personal coping techniques
- Ripped from the headlines: cases
- Advice and counsel to administration
- Legal issues and CISM
- Assessment and implementation of CISM services

**CISM: When Disaster Strikes:
Linking Emergency Management with Stress Management**

Instructor: Douglas J. Mitchell, MPA, Lt. (Ret.) FDNY

July 17-18, 2007

Location: Casper, WY

CISM When Disaster Strikes: Linking Emergency Management with Stress Management is designed as a primer course for fire, police, emergency medical services, emergency managers, doctors, nurses, mental health professionals, clinicians, practitioners, current and future CISM Team members, chief executive officers of municipalities and governmental agencies, as well as CEOs of business and industry. This course will serve as a basis upon which participants will have an opportunity to interact with others responsible for the provision of Emergency Management activities and decisions during disasters and major emergency situations. Utilizing concepts of Emergency Management and Critical Incident Stress Management, Participants will engage in several interactive exercises dealing with the various phases of Disaster Management. The role of CISM Teams deployed to disaster areas along with individuals and organizations who have preparedness, response, recovery and mitigation functions associated with disasters will be discussed.

Day 1:(8:30 a.m - 5:00 p.m.)

- Chronicle and Foundations of Disaster Management
- Development and Outgrowth of Disaster Management
- Four Attributes of Disaster Management
- Grouping of Disasters
- Components of Disasters and/or Emergencies
- Organizing for Disaster Management
- Incident Command System Overview

Day 2:(8:30 a.m - 5:00 p.m.)

- Hazard, Vulnerability and Potential Human Impact Assessment
- Concept of Field Operations for CISM Teams
- Planning for CISM Activities During Disasters
- Disaster Communications
- Responder and Victim Stresses

Domestic Terrorism and Weapons of Mass Destruction: A CISM Perspective

Instructor: Douglas J. Mitchell, MPA, Lt. (Ret.) FDNY

July 19-20, 2007

Location: Casper, WY

The United States is spending millions of dollars to prepare for, as well as prevent, acts of terrorism. Physical destruction and death are actually means to an end. The goals of terrorism are to induce psychological fear and trauma, to cause a collapse of social cohesion with communities, and ultimately undermine the government. Who are the terrorists? Are they revolutionaries, religious zealots, supremacists, agents of rogue states, anarchists, or lone operators? What is terrorism? What are the risks for your community, organization, loved ones and self? We will take an in depth look at these issues including conventional types of terrorism such as kidnapping, hijacking, and bombings as well as a detailed analysis of chemical, biological and nuclear/radiological threats, the weapons of mass destruction. Looking historically at acts of terrorism will provide us with information regarding reactions and long-term consequences of exposure to a terrorist act. Terrorist incidents differ from other disasters. Knowledge regarding these differences is essential to advanced preparation and effective response. How do emergency responders deal with on-site risks? If it is chemical or biological warfare, are the reactions stress or exposure? What psychological reactions can we anticipate? How do we win psychological warfare?

This course is essential for emergency responders, CISM teams, mental health professionals, and emergency managers, planners, chief executives, department heads of public and private organizations, and others who will be involved with providing humanitarian services after an attack of domestic terrorism or a weapons of mass destruction incident occurs.

Day 1:(8:30 am - 5:00 pm)

- Nature of Terrorism
- Psychological profiles of terrorists
- Assessment of risks of terrorism
- Common weapons of terrorism and mass destruction
- Overview of CISM elements useful in the response of terrorism

Day 2:(8:30 am - 5:00 pm)

- Demobilization for emergency services personnel
- Crisis management briefing for communities
- The essential elements in winning the war against terrorism
- Formulating a comprehensive crisis intervention response to terrorism
- Necessary skills for interventionists
- Useful stress reduction techniques

Suicide Prevention, Intervention, and Postvention**Instructor:** Daniel W. Clark, Ph.D.

November 2-3, 2007

Location: Riverton, WY

Why do people kill themselves? How do I ask someone if they are feeling suicidal? What do I do if they say they ARE suicidal? How do I deal with the strong emotions suicide generates? This training will provide answers for these and other questions many of us have about suicide. I will provide you with basic information about suicide as well as help you develop practical skills for prevention, intervention and postvention. Small group role plays will allow you to apply the suggested techniques as you learn them. We will also develop a short educational briefing about suicide which you can give to your local agencies. This training is open to anyone who wishes to learn more about intervening across the suicide spectrum. Professionals from the fields of emergency services, security, human resources, EAP, education, and mental health may all benefit. **(14 Contact Hours)**

Day 1:(8:30 a.m - 4:30 p.m.)

- Scope of the suicide problem
- Statistical patterns
- Common myths about suicide
- Motivations for suicide
- Attitudes about suicide
- Small group role plays
- Effective communication skills
- Dealing with strong emotions
- Developing an education briefing

Day 2:(8:30 a.m - 4:30 p.m.)

- Problem solving skills
- Small group role plays
- Intervention skills
- Referrals
- Postvention and aftercare
- Care for the caregivers

Group Crisis Intervention

Instructor: Pamela Fuller, PhD

August 27-28, 2007

Location: Rock Springs

The CISM: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum. The two day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusings and the group intervention known as Critical Incident Stress Debriefing (CISD). The CISM: Group Crisis Intervention course specifically prepares participants to provide several of these interventions, specifically demobilizations, defusings and the CISD. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multi-component crisis intervention strategy, which is discussed in this course. The CISM: Group Crisis Intervention course is designed to specifically teach crisis intervention and Emergency Mental Health skills such as demobilizations, defusing, and CISD. At the completion of this course, participants will be able to : Define stress, CIS, and PTSD; List the 10 basic interventions of CISM; and Define and describe in detail the CISM group processes of Demobilizations, Defusings, and Debriefings.

(14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; OR 1.4 general CEUs from UMBC)* WY POST Credit Available. Completion of The CISM: Group Crisis Intervention class and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF's Certificate of Specialized Training Program. The same core courses also count toward CISM Basic Certification in Wyoming.

Day 1:(8:30 a.m. - 5:00 p.m.)

- General, cumulative, critical incident stress and PTSD
- High risk populations: emergency services, military, other
- 'Critical Incidents' - death, injury, threat, terror, etc.
- Critical Incident Stress Management (CISM) fundamentals
- Core intervention tactics
- Demobilization
- Defusing of small groups

Day 2: (8:30 a.m. – 5:00 p.m.)

- Defusing Demonstration Essentials of group intervention,
- Critical Incident Stress Debriefing (CISD)
- Assessing the need for CISD
- Factors which enhance CISD success
- Question / Answer

Advanced Group Crisis Intervention

Instructor: George W. Doherty

August 29-30, 2007

Location: Rock Springs

The Advanced Group Crisis Intervention training program has been designed to provide participants with the latest information on critical incident stress management techniques and post-trauma syndromes. The program emphasizes a broadening of the knowledge base concerning critical incident stress interventions as well as Post-Traumatic Stress Disorder which was established in the basic program and/or in publications. At the conclusion of this educational program the participants will have been exposed to specific, proven strategies to intervene with those suffering the ill effects of their exposure to trauma. The emphasis will be on advanced defusings and debriefings in complex situations.

The Advanced Group Crisis Intervention training has been developed for EAP, human resources and public safety personnel, mental health professionals, chaplains, paramedics, firefighters, physicians, police officers, nurses, dispatchers, airline personnel and disaster workers who are already trained in the critical incident stress debriefing format. It will also be useful for those who are working extensively with traumatized victims from various walks of life.

Day 1:(8:30 a.m - 5:00 p.m.)

- Nature of Human Stress
- Stressors, Traumatic Stress
- Symptoms of Excessive Stress
- Stress-related Diseases
- Stress Management
- Recovering from Excessive Stress
- Nature of Post-Traumatic Syndromes and PTSD
- Early Warning Signs and Symptoms of Post-Traumatic Stress
- PTSD versus Discipline Problem
- Responding to Post-Traumatic Stress in Others -Management Reaction, Peers' Reaction, Referral
- A Rationale for CISD
- Why CISD Works
- Role of CISD in Prevention of PTSD
- Current Thinking on Critical Incident Stress Management (CISM)
- CISD versus Psychotherapy

Day 2:(8:30 a.m - 5:00 p.m.)

- Basic Changes in CISM
- Spouse Education
- Significant Others as Team Members
- Supporting the Emergency Services Family
- Expanded Role of Peer Support Personnel
- Preserving CISM Team Members
- Lessons Learned from CISM
- Difficult Debriefings
- Multiple Line of Duty Death
- Symbolic Debriefings
- Multiple Incident Debriefings
- Comprehensive CISM approach to complex situations

Crisis Intervention Training For Disaster Workers (Online Course)

http://www.psychceu.com/CISM/cism_index.asp 12 CE

The purpose of this course is to provide training for mental health professionals who work with victims of disaster related stress and trauma. This course prepares the disaster mental health professional to relate with disaster victims and co-workers. The warning signs and symptoms in both disaster victims and workers are explored together with stages, strategies and interventions for recovery.

This course will introduce you to disasters, the community response, the role of first responders, and the role of Disaster Mental Health Services and Critical Incident Stress management responders and teams. It will provide a brief overview of Disaster Mental Health Services and Critical Incident Stress Management and their roles in responding to the needs of both victims and disaster workers. The role of critical incident stress management will be presented and discussed both for disasters and for critical incidents. This includes discussion about war, terrorism and the follow-up responses by mental health professionals. This course is designed to help participants identify appropriate methods for activating Disaster Mental Health Crisis Intervention Teams (CIT) for disaster mental health services for victims, co-workers, and self.

The content of this course includes general theory and models of Disaster Mental Health, Critical Incident Stress Management, crisis intervention techniques commonly used in these situations, supportive research, and practice of approaches used in responding to the victims, workers and communities affected by disasters, critical incidents and terrorism threats.

LEARNING OBJECTIVES

After taking this course, participants will be able to:

- Describe what disasters are and how they affect people and their communities.
- Identify how the community, including voluntary and community organizations, government, business, and labor, work together to prepare for, respond to, and recover from disasters.
- Identify activities in preparing for, responding to, and recovering from disasters.
- Describe the mental health services provided to people affected by disaster.
- Identify how disaster mental health professionals provide these services.
- Describe the roles mental health professionals play in Disaster Services and Critical Incident Stress Management.
- Identify the skills and abilities you have that you would like to apply as a volunteer with Disaster Services and Critical Incident Stress Management as a team member.
- Define "crisis intervention" as it relates to disaster situations and critical incidents.
- Identify the stages of disaster recovery and problems associated with each stage.
- Identify the signs and symptoms of disaster induced stress and emotional trauma.
- Discuss and be able to recognize disaster's and critical incident's effects and impacts on victims and workers, including posttraumatic stress.
- Identify common strategies for coping with disaster and critical incident related stress.
- Demonstrate basic disaster mental health professional responses to disaster related crisis situations/scenarios

CEUs are approved for this course by the following through PsychCEU:

- Board of Registered Nursing (#13620)
- California Board of Behavioral Science (#1540)
- Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (BAP #753)
- NAADAC - The Association for Addiction Professionals (#478)
- National Association of Social Workers (#886382116)
- National Board for Certified Counselors (#6055)
- Ohio Counselor and Social Work & Marriage and Family Therapist CPE (#RCS110610 RTX010701)
- Texas State Board of Examiners of Professional Counselors (#52526)
- The Texas Board of Social Work Examiners (#CS3473)

FACULTY

DANIEL W. CLARK, PH.D. is a licensed clinical psychologist currently working as the Washington State Patrol Department Psychologist. Dr. Clark is the clinical director of the Patrol's Peer Support and CISM teams. He is the CEO of Critical Concepts Consulting. Prior to working for WSP, Dr. Clark worked in inpatient, outpatient, and community mental health settings for the U.S. Army. He is currently a Lieutenant Colonel in the U.S. Army Reserves. A member of the International Critical Incident Stress Foundation faculty since 1998 and an approved instructor since 1996, he is also past President of the Washington Critical Incident Stress Management Network. Dr. Clark routinely presents on a variety of topics including workplace violence; suicide prevention, intervention, and postvention; critical incident stress management; peer support; death notification; time, anger, and stress management; coping with change; communication skills; dealing with difficult people/employees, and related topics.

GEORGE W. DOHERTY, MS, LPC resides in Laramie, WY where he founded the Rocky Mountain Region Disaster Mental Health Institute, Inc. He is currently employed as the President/CEO of this organization and also serves as Clinical Coordinator of the Snowy Range Critical Incident Team. He has been involved with disaster relief since 1995, serving as a Disaster Mental Health Specialist with such incidents as the Union Pacific train wreck in Laramie, Hurricane Fran in North Carolina, the Cincinnati floods in Falmouth, KY, and Tropical Storm Allison, TX. He served as Supervisor for Disaster Mental Health for flash floods in Ft. Collins, CO and spent a month as the Red Cross Disaster Mental Health Coordinator for western Puerto Rico in the aftermath of Hurricane George. He has extensive experience conducting CISM debriefings with first responders and others and is a member of a national crisis care network, providing assistance to companies and other organizations following critical incidents involving sudden deaths and similar traumatic events. He has also published numerous articles in disaster mental health and traumatic stress publications and served as Guest Editor for 2 Special Editions of the journal *Traumatology* (1999 & 2004). He served as an officer in the US Air Force and served 11 years in Air Search & Rescue with Civil Air Patrol (US Air Force Auxiliary) in WY. He is a Licensed Professional Counselor in private practice and has been an adjunct instructor for a number of colleges, including Northern Nevada Community College, Kennedy-Western University and the University of Wyoming. He is an ICISF faculty member for the "CISM: Group Crisis Intervention", "CISM: Advanced Group Crisis Intervention", "CISM: Individual Crisis Intervention and Peer Support", and "Strategic Response to Crisis" courses. He is a Level II member of the International Critical Incident Stress Foundation (ICISF), Certified Practitioner/Lecturer – WY POST, member – WDH Emergency Preparedness Advisory Committee, member - Albany County Suicide Prevention Task Force, member of American Counseling Association (ACA), Associate member American Psychological Association (APA), member - Traumatic Incident Reduction Association (TIRA), Life Member - Air Force Association, Life member - Military Officers Association of America, and a Life Member of the Pennsylvania State University Alumni Association.

PAMELA FULLER, PH.D. is a clinical psychologist in private practice through Frontier Psychological Associates, L.C., and on staff at the Wyoming State Hospital (WSH) in Evanston, Wyoming. She is the Critical Incident Services (CIS) Team Coordinator for WSH, Team Leader for the Uinta County CISM Team and also serves as the mental health representative and CIS Coordinator for the Uinta County Local Emergency Planning Committee. Dr. Fuller received her doctorate in clinical psychology from the University of Florida and she has over sixteen years of experience in doing crisis intervention, CISM, and trauma treatment. In addition, Dr. Fuller has expertise in child trauma treatment and served for the past several years as the co-leader of the Western Wyoming section of the Child Trauma Treatment Network.

DOUGLAS J. MITCHELL, MPA, Lt. (Ret.) FDNY - retired as a Lieutenant from the Fire Department of the City of New York (FDNY) after 28 years of service in some of the most fire prone sections of the city. He has taught Fire Science, Fire Prevention, and Arson Investigation Courses within the FDNY. As an adjunct professor for John Jay College of Criminal Justice, he has taught at the United States Military Academy at West Point. He is a member of the ICISF's faculty, serves as representative to the United Nations for ICISF, and developed and taught both the "CISM: When Disaster Strikes: Linking Emergency Management with Disaster Management" and "Domestic Terrorism and Weapons of Mass Destruction: A CISM Perspective" courses for emergency services, government, and private industry. He is the Director of Emergency Management for the Town and Village in which he resides in New York. Mr. Mitchell serves as the "On-Scene Disaster Coordinator" for the ICISF and has provided consultation, advice, interventions, and training during and after major disasters. Mr. Mitchell has operated a consulting firm known as Emergency Management Consultants for the past several years.

PATRICIA L. TRITT, RN, MA is the Director of EMS and Trauma for HealthONE in Denver, Colorado. She has been involved in Emergency Medical Services and Trauma systems for over twenty years. She is responsible for the administration of a complex EMS medical direction system for both metropolitan and rural areas, and a diverse EMS education program for all levels of prehospital providers. She also provides administrative direction for a Level I Trauma Center. Her experience and interests include program development and management. In 1985, she organized the Mayflower Critical Incident Stress Management Team, and continues as Team Coordinator. She has coordinated the Colorado Critical Incident Stress Management Network since inception in 1988. She is an ICISF faculty member for the "Group Crisis Intervention", "Advanced Group Crisis Intervention", "Assisting Individuals in Crisis", and "Strategic Response to Crisis" courses. Pat has trained CISM teams across the United States, and has presented training programs in Canada and Australia. She is a Certified Trauma Responder and a contributing author on stress and EMS issues for numerous emergency services texts. Pat has received recognition from the State of Colorado for lifetime achievement and contributions to EMS and has received the 9 Who Care Award for her contributions as a leader of volunteer services in Colorado.

CERTIFICATIONS

Courses offered here qualify as classes in ICISF's Certificate of Specialized Training Program. The courses offered meet partial requirements for individuals seeking certification from the **Rocky Mountain Region Disaster Mental Health Institute** as a Certified Critical Incident Stress Management (CISM) Responder.

Courses offered meet partial requirements for individuals seeking certification from the Association of Traumatic Stress Specialists (ATSS) as a Certified Trauma Specialist (CTS), Certified Trauma Responder (CTR), and/or Certified Trauma Services Specialist (CTSS) designation. ATSS offers board certification to qualified individuals who provide services, intervention, and treatment in the field of traumatic stress. Those seeking certification from ATSS must present evidence of attendance for specific courses. For information regarding certification or ATSS membership, call (800) 991-ATSS (2877) or visit the ATSS web site at www.ATSS.info.

CONTINUING EDUCATION Certificates will be provided to participants upon successful completion of these courses and will indicate the number of Contact Hours. These can be used for proof of completion for continuing education with the Wyoming Mental Health Professions Licensing Board. CEUs and POST credit are offered. Please call concerning CE requirements for other professions. (307-399-4818)

CERTIFICATES OF ATTENDANCE All participants in workshops will be awarded Continuing Education Units (CEUs) from UMBC (University of Maryland, Baltimore County) on their attendance certificate following verification of attendance by checking in at the Registration Desk before 10:00 AM daily. All certificates are distributed on-site at the completion of each class to participants whose attendance has been verified. Late registrants and on-site registrants will receive their certificates by mail. Registrants who do not show up will be charged a \$25 fee to cover the costs of manuals ordered and certificates printed prior to the class. Participants who do not pick up their certificate must contact the Institute to receive it and may be charged an additional fee.

UMBC CEUs are awarded in a ratio of one Continuing Education Unit for every 10 Contact Hours (refer to course descriptions for Contact Hours & UMBC CEUs). ICISF certificates of attendance are not proof of profession specific CE/Contact Hours. Many national, state and local licensing boards and professional organizations will grant Continuing Education credit for attendance at these courses (save this brochure and your Certificate of Attendance). It is the responsibility of the participant to determine if his or her licensing board will accept these CEUs.

ACCOMODATIONS:**Casper**

Special Hotel Rates for Casper CISM Trainings: The room rates for the **Holiday Inn on the River (307-235-2531)** Casper for July trainings (July 12 through July 20) are **\$64** per night plus tax. When calling for reservation, make sure to identify yourself as being with the **Rocky Mountain Region Disaster Mental Health Institute** in order to get the special rate.

Riverton

A block of rooms has been reserved at the Riverton Holiday Inn for November 2 & 3. Room rate is \$49.00. Rooms must be reserved by October 19 in order to get that rate. People should indicate that they are attending the **CISM conference at CWC**. The Holiday Inn is located at 900 E. Sunset Dr. at the corner of Sunset Dr. and Federal Blvd. on the north end of town, about a half a mile south of Walmart. **Phone is 307-856-8100 or 877-857-4834.**

REGISTRATION INFORMATION PLEASE PRINT OR TYPE

Space in workshops is limited. Please register early to ensure your place.

LAST NAME _____ FIRST NAME _____

ADDRESS _____

CITY, STATE _____ ZIP _____

PHONE _____

EMAIL _____

ORGANIZATION _____

PRIMARY OCCUPATION _____

WYO CISM NET Member () NO () YES

Institute Member? () NO () YES

() CHECK HERE IF YOU REQUIRE SPECIAL ARRANGEMENTS TO ACCOMMODATE A DISABILITY

MAIL REGISTRATION TO:

Rocky Mountain Region
Disaster Mental Health Institute
Box 786
Laramie, WY 82073-0786 or Call: (307) 399-4818

___ If paying by PO or Voucher, please make out to **RMRDMHI** (Please have PO or Voucher accompany registration form)

Registration Fee:

___ CISM: Group Crisis Intervention \$75

Location: _____

___ CISM: Advanced Group Crisis Intervention \$75

Location: _____

___ CISM: Strategic Crisis Intervention \$75

Location: _____

___ CISM: When Disaster Strikes \$100

Casper, WY

___ Domestic Terrorism and Weapons of Mass Destruction: A

CISM Perspective \$100

___ CISM In Healthcare Settings \$75

Casper, WY

___ CISM: Suicide Prevention, Intervention and Postvention \$100

Riverton, WY

To register by phone or for questions, please call:

307-399-4818 or email: rockymountain@mail2emergency.com

Please enclose full payment with registration form. Check method of payment. If paying by Credit Card, please go to website:

<http://www.angelfire.com/biz7/rmrinstitute/cism-pay.html> and pay through PayPal.

___ Check for \$_____ (Make payable to: **RMRDMHI**)

___ Credit Card through PayPal

To Pay by credit card, go to:

<http://www.angelfire.com/biz7/rmrinstitute/cism-pay.html>

___ Purchase Order

Registration fee will be returned, minus \$25 processing fee, if written notification (by email or postal mail) is sent at least 48 hours prior to workshop dates. This allows us to make sure proper materials are ordered and non-needed certificates are not printed. Requests after the 48 hour period will forfeit fees. However the fees can be applied to a future training if used within 2007. Please call 307-399-4818 with any questions.

**Rocky Mountain Region
Disaster Mental Health Institute
Box 786
Laramie, WY 82073-0786**