

\_\_\_\_\_  
Name

\_\_\_\_\_  
Affiliation

\_\_\_\_\_  
Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Phone

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Email

Early Bird: Prior to October 28 \$160  
After October 28 \$175 Grad Students –  
Early Bird: \$80; Late: \$100

CISM: Group Crisis Intervention \_\_\_\_\_

CISM: Advanced Group Crisis Intervention \_\_\_\_\_

CISM: Individual Crisis Intervention \_\_\_\_\_

Full-Time Graduate Student \_\_\_\_\_

TOTAL ENCLOSED: \_\_\_\_\_

Make checks payable to: RMRDMHI

MAIL TO:

Rocky Mountain Region  
Disaster Mental Health Institute  
Box 786  
Laramie, WY 82073-0786  
Phone: 307-399-4818  
Email:  
[rockymountain@mail2emergency.com](mailto:rockymountain@mail2emergency.com)

## FEATURED PRESENTERS

**NANCY RICH, M.A., LPC, C.T.S.** Ms Rich has over 29 years of experience in the Emergency Mental Health field. She is Director of Trauma Management Consultants, a firm that consults with businesses after critical incidents. She also serves as Clinical Coordinator of the Mayflower Critical Incident Stress Debriefing Team in Denver. Ms Rich has lectured and consulted nationally and internationally on first responder stress, behavioral emergencies, crisis intervention and disaster psychology. The American and International Critical Incident Stress Foundations have both presented Ms Rich with awards for outstanding contributions in the field of Critical Incident Stress.

**PATRICIA L. TRITT, RN, MA** Director of EMS and Trauma for HealthONE in Denver, CO, Ms Tritt has been actively involved in Emergency Medical Services and Trauma systems for over 20 years. In 1985, she organized the Mayflower Critical Incident Stress Management Team, and continues as team coordinator. She has also coordinated the Colorado Critical Incident Stress Management Network since 1988. Ms Tritt has been an active lecturer and CIM team trainer for over 15 years. She is an approved trainer for basic and advanced courses and has conducted training across the U.S. and in Canada and Australia. She is a certified trauma responder and contributing author on stress and EMS issues for numerous emergency services texts.

**GEORGE W. DOHERTY, MS, LPC** President/CEO of the Rocky Mountain Region Disaster Mental Health Institute and Clinical Coordinator of the Snowy Range Critical Incident Team. Involved in disaster responses since 1995 (Hurricane Fran, NC; Cincinnati Floods, KY; flash flood, Ft Collins, CO; Hurricane Georges, Puerto Rico; TS Allison, TX). He has extensive experience conducting CISD debriefings & has published numerous articles in mental health & traumatic stress publications, guest editor for 2 special editions of journal Traumatology (1999 & 2004). Served as US Air Force Officer & 11 years in Air Search & Rescue with Civil Air Patrol. Licensed Professional Counselor & has been an Adjunct faculty with a number of colleges, including Kennedy-Western University & the University of Wyoming. Trained Trainer & Level II member of ICISF, member ACA, Associate member APA, Life Member Air Force Association & Military Officers Association of America.

## ROCKY MOUNTAIN REGION DISASTER MENTAL HEALTH INSTITUTE



*Learning from the past and planning for the future*

And

**WYOCARE**

Present:

## 5TH ANNUAL CRITICAL INCIDENT STRESS MANAGEMENT TRAINING WORKSHOPS

<http://www.rmrinstitute.org/CISM2005.html>

NOVEMBER 10-11, 2005

Holiday Inn On The River  
Casper, Wyoming

## WORKSHOPS

### **CISM: GROUP CRISIS INTERVENTION**

The CISM: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum. The two day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusings and the group intervention known as Critical Incident Stress Debriefing (CISD). The CISM: Group Crisis Intervention course specifically prepares participants to provide several of these interventions, specifically demobilizations, defusings and the CISD. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multi-component crisis intervention strategy, which is discussed in this course. The CISM: Group Crisis Intervention course is designed to specifically teach crisis intervention and Emergency Mental Health skills such as demobilizations, defusing and CISD. At the completion of this course, participants will be able to: Define stress, CIS, and PTSD; List the 10 basic interventions of CISM; and define and describe in detail the CISM group processes of Demobilizations, Defusings, and Debriefings.

**(14 Contact Hours)** Completion of the CISM: Group Crisis Intervention course and receipt of a certificate indicating full attendance qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

### **CISM: ADVANCED GROUP CRISIS**

**INTERVENTION** The Advanced CISM Group Crisis Intervention training program has been designed to provide participants with the latest information on critical incident stress management techniques and post-trauma syndromes. The program emphasizes a broadening of the knowledge base concerning critical

incident stress interventions as well as Posttraumatic Stress Disorder which was established in the basic program and/or in publications. At the conclusion of this educational program the participants will have been exposed to specific, proven strategies to intervene with those suffering the ill effects of their exposure to trauma. The emphasis will be on advanced defusings and debriefings in complex situations. The CISM: Advanced Group Crisis Intervention training has been developed for EAP, human resources and public safety personnel, mental health professionals, chaplains, paramedics, firefighters, police officers, nurses, dispatchers, airline personnel, and disaster workers who are already trained in the critical incident stress debriefing format. It will also be useful for those who are working extensively with traumatized victims from various walks of life. **(14 Contact Hours)**.

Completion of the CISM: Advanced Group Crisis Intervention class and receipt of a certificate indicating full attendance qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

### **CISM: INDIVIDUAL CRISIS INTERVENTION**

Crisis intervention is NOT psychotherapy. Rather it is a specialized acute emergency mental health intervention which requires specialized training. As physical first-aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first-aid). Crisis interventions are typically done individually (one-on-one) or in groups. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual intervention. The audience for this class includes emergency services, military, and business/industrial peer support personnel without formal training in mental health, as well as mental health professionals, who desire to increase their knowledge of individual (one-on-one) crisis intervention techniques. **(13 Contact Hours)**.

Completion of the CISM: Individual Crisis Intervention class and receipt of a certificate indicating full attendance qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

**ACCOMODATIONS** A block of rooms has been set aside for participants at the Holiday Inn on the River in Casper at a special rate. Call (307) 235-2531 or 1-877-576-8636 and mention that you are with the Rocky Mountain Region Disaster Mental Health Institute. To ensure that you get this rate, please call before October 28, 2005.

**CONTINUING EDUCATION** Certificates will be provided to participants upon successful completion of these courses and will indicate the number of Contact Hours. These can be used for proof of completion for continuing education with the Wyoming Mental Health Professions Licensing Board. POST credit and CEUs by the Wyoming Psychological Association have been approved. Please call concerning CE requirements for other professions.

**REGISTRATION** Space in these workshops is limited. Please register early to ensure your place. Current full-time graduate students can attend workshops at a discounted rate.

Registration forms are also available in the online brochure at: <http://www.rmrinstitute.org/CISM2005.html> You can also register online if you pay by credit card. Click the link "To Pay By Credit Card". This is through PayPal and is a secure link. A receipt will be provided to you immediately.

**Lunch and Breaks provided.**

Cancellations prior to October 1, 2005 will receive a full refund minus a \$10 administrative fee. No refund is available after that date. However, the fee can be applied to a future training.

