

TIR WORKSHOP TECHNIQUES

Ψ **TRAUMATIC INCIDENT REDUCTION (TIR)** is a technique not unlike certain early psychoanalytical procedures. It is a method for thoroughly discharging and handling past traumatic incidents.

“TIR simply pulls PTSD and most anxiety and panic disorders out by their roots. Literally.”

“Not just another technique for management or assimilation of intrusive symptoms, Traumatic Incident Reduction simply pulls PTSD (Post-Traumatic Stress Disorder) and most anxiety and panic disorders out by their roots. Literally. Not in 30+ years of practice have I used a more remarkably effective clinical procedure. TIR represents a radical departure from the past but at the same time it is firmly grounded in philosophic basics familiar to any therapist. TIR not only eradicates the residual effects of specific traumata, it obliterates debilitating baggage of all sorts. And surprisingly, it does so entirely without therapist interpretation or rearrangement of the client’s subjective reality.”

Robert H. Moore, Ph.D., Psychologist, CTS

Ψ **UNBLOCKING** uses repetition, as TIR does, to release emotional charge on people, places, things and situations that are disturbing in present time. Unblocking can be employed successfully to address a great many emotionally charged areas in a person’s life where TIR would be less workable or appropriate. A TIR facilitator may use Unblocking to prepare a client to use TIR.

PLACE
STAMP
HERE

FIRST CLASS MAIL

FILL OUT REGISTRATION FORM & TAPE HERE TO SEAL BEFORE MAILING

FROM:

TO: ATTENTION: GEORGE W. DOHERTY
ROCKY MOUNTAIN REGION DISASTER MENTAL HEALTH INSTITUTE, INC.
BOX 786
LARAMIE WY 82073-0786 USA

PROFESSIONAL SKILLS TRAINING

Education for Life!

Traumatic Incident Reduction Workshop

**Getting
the Skills
You Need,
to Resolve
Trauma...**



**May Be Easier
Than You Think!**

PRESENTED BY:

Rocky Mountain Region Disaster Mental Health Institute

Website: www.rmrinstitute.org

E-Mail: rockymountain@mail2emergency.com

Cell Phone: 307-399-4818

Pager: 307-745-1372

TRAUMATIC INCIDENT REDUCTION WORKSHOP

WORKSHOP OUTLINE/OBJECTIVES

- Ψ Define the Conditioned Response Phenomena
 1. The nature of trauma
 2. Pavlovian principle and permutations of the stimulus-response mechanism
- Ψ Establish a Safe Environment
 1. Precision Communication and Session Management Skills for Helping Professionals
 2. Rules of Facilitation
- Ψ Analyze and apply the *Unblocking* technique to resolve issues relating to emotionally charged persons, places, things and situations
- Ψ Analyze and apply *Traumatic Incident Reduction (TIR)* to resolve known and unknown past traumatic experiences and the unwanted feelings, emotions, sensations, attitudes and pain associated with them

CONTINUING EDUCATION

PSYCHOLOGISTS - This program is co-sponsored by E-Productivity-Services.Net and Applied Metapsychology International (AMI). AMI is approved by the American Psychological Association to offer continuing education for psychologists. AMI maintains responsibility for the program. 24 Credits.

SOCIAL WORKERS - This program was approved by the National Association of Social Workers (provider # 886415259) for 24 continuing education contact hours.

OTHER PROFESSIONALS - This workshop qualifies for 24 class hours of continuing education as required by many national, state and local licensing boards and professional organizations. Retain your program outline and certification of completion, and contact your licensing or certifying board or organization for specific filing requirements. TIR training may be submitted to the **Association of Traumatic Stress Specialists (ATSS)** for certification and recertification as a Trauma Specialist, a Trauma Responder and a Trauma Services Specialist. This TIR workshop is also approved by the **Academy of Traumatology & Green Cross Foundation** for Traumatology 1004 - Clinical Treatment skills.

ATTENDANCE CERTIFICATE provided, at no charge, for all workshop completions for 24 class hours

TIR – A Companion to Critical Incident Stress Management.

TIR is a tool for handling traumatic stress – after the crisis has passed – when one's level of discomfort is no longer acceptable or has gone on too long.



WORKSHOP PARTICULARS

LOCATION: Holiday Inn Rocky Mountain Park
Estes Park Conference Center
101 South St. Vrain Ave
Estes Park, Colorado 80517

For hotel reservations, call 970-586-2332 or make reservation online by going to www.rmrinstitute.org/Estes-Conference.html and click on hotel link. Group Name: Rocky Mountain Region Disaster; Group Booking Code: SYM; Group Rate \$79 to Oct 1

DATES: 2005 October 23 - 26, Sunday - Wednesday

TIME: 9:00 a.m. to 4:00 p.m. daily

LUNCH: On your own

TRAINER: Nancy Day, CTS, CTM

24 C.E. CREDITS: \$10 certificate fee APA or NASW

ADVANCE DEPOSIT REQUESTED	FEE WHEN DEPOSIT IS RECEIVED BY 2005 SEPT 23	FULL PRICE AFTER SEPT 23
<input type="checkbox"/> \$100	<input type="checkbox"/> \$400	<input type="checkbox"/> \$450

REFUND POLICY: Full refund of registration deposit/fee will be made, less \$50 processing fee, upon receipt of written request received at least two weeks prior to workshop starting date.

MAIL - IN REGISTRATION

Attention: George W. Doherty
Rocky Mountain Region Disaster Mental Health
Box 786
Laramie WY 82073-0786

PHONE NUMBER(S) & TYPE(S)

E-MAIL ADDRESS

NAME SUFFIX

ORGANIZATION NAME IF USING ORGANIZATION ADDRESS

ADDRESS

CITY

STATE / PROVINCE / REGION POSTAL CODE COUNTRY

PAYMENT

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WWW.RMRINSTITUTE.ORG/TIRR.HTML \$

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