

## TIR WORKSHOP TECHNIQUES

Ψ **TRAUMATIC INCIDENT REDUCTION** (TIR) is a technique not unlike certain early psychoanalytical procedures. It is a method for thoroughly discharging and handling past traumatic incidents.

**“TIR simply pulls PTSD and most anxiety and panic disorders out by their roots. Literally.”**

“Not just another technique for management or assimilation of intrusive symptoms, Traumatic Incident Reduction simply pulls PTSD (Post-Traumatic Stress Disorder) and most anxiety and panic disorders out by their roots. Literally. Not in 30+ years of practice have I used a more remarkable effective clinical procedure. TIR represents a radical departure from the past but at the same time it is firmly grounded in philosophic basics familiar to any therapist. TIR not only eradicates the residual effects of specific traumata, it obliterates debilitating baggage of all sorts. And surprisingly, it does so entirely without therapist interpretation or rearrangement of the client’s subjective reality.”

*Robert H. Moore, Ph.D., Psychologist, CTS*

Ψ **UNBLOCKING** uses repetition, as TIR does, to release emotional charge on people, places, things and situations that are disturbing in present time. Unblocking can be employed successfully to address a great many emotionally charged areas in a person’s life where TIR would be less workable or appropriate. A TIR facilitator may use Unblocking to prepare a viewer (client) to use TIR.

**POST-WORKSHOP INTERNSHIPS**  
To Increase Skill & Confidence &  
For TIR Facilitator Certification



**TIR is a technique of  
Applied Metapsychology.**

Metapsychology techniques seek neither to interpret nor to modify people’s behavior and ideas, nor do they involve putting labels on either one. They simply

## PROFESSIONAL SKILLS TRAINING

Education for Life!™

# TIR

## Traumatic Incident Reduction Workshop

**Getting  
the Skills  
You Need,  
to Resolve  
Trauma...**



**May Be Easier  
Than You Think!**

**A Companion to  
Critical Incident Stress  
Management for  
Trauma Resolution**

**PRESENTED BY:**

Rocky Mountain Region Disaster Mental Health Institute

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# TRAUMATIC INCIDENT REDUCTION WORKSHOP

## WORKSHOP OUTLINE/OBJECTIVES

- Ψ Define the Conditioned Response Phenomena
  1. The nature of trauma
  2. Pavlovian principle and permutations of the stimulus-response mechanism
- Ψ Establish a Safe Environment
  1. Precision Communication and Session Management Skills for Helping Professionals
  2. Rules of Facilitation
- Ψ Analyze and apply the *Unblocking* technique to resolve issues relating to emotionally charged persons, places, things and situations
- Ψ Analyze and apply *Traumatic Incident Reduction (TIR)* to resolve known and unknown past traumatic experiences and the unwanted feelings, emotions, sensations, attitudes and pain associated with them

## CONTINUING EDUCATION

**PSYCHOLOGISTS** - This program is co-sponsored by E-Productivity-Services.Net and Applied Metapsychology International (AMI). AMI is approved by the American Psychological Association (APA) to offer continuing education for psychologists. AMI maintains responsibility for the program. 24 Credits.

**SOCIAL WORKERS** - This program was approved by the National Association of Social Workers (NASW) (provider # 886415259) for 24 continuing education contact hours.

**OTHER PROFESSIONALS** - This workshop qualifies for 24 class hours of continuing education as required by many national, state and local licensing boards and professional organizations. Retain your program outline and certification of completion, and contact your licensing or certifying board or organization for specific filing requirements. TIR training may be submitted to the Association of Traumatic Stress Specialists (ATSS) for certification and recertification as a Trauma Specialist, a Trauma Responder and a Trauma Services Specialist. This TIR workshop is also approved by the Academy of Traumatology & Green Cross Foundation for Traumatology 1004 - Clinical Treatment Skills.

**ATTENDANCE CERTIFICATE** provided for all workshop completions for 24 class hours

TIR is a powerful tool for relieving traumatic stress after the crisis has passed, when a person's level of discomfort is no longer acceptable or has gone on too long.

Experiencing traumatic stress is not a sign of weakness – it is a sign of being human. TIR resolves traumatic stress and PTSD quickly, privately and without negative side effects.



## 4-DAY WORKSHOP PARTICULARS

**LOCATION:** Laramie, Wyoming

**DATE:** 2007 April 15-18, Sunday - Wednesday

**TIME:** 9:00 a.m. to 4:00 p.m. daily

**LUNCH:** On your own

**CONTACT:** George W. Doherty - Phone 307-399-4818  
E-mail: rockymountain@mail2emergency.com

**TRAINER:** Nancy L Day, CTS, CTM  
Certified Trauma Specialist & Trainer for Metapsychology  
E-mail: NLD@EPSN.NET, Phone: 816-468-4945

### 24 C.E. CREDITS & C.E. CERTIFICATE FEE:

APA \$10 certificate fee -  NASW \$10 certificate fee  
Pay C.E.certificate fee separately with check payable to AMI or with credit card at workshop.

OPTION	*SAVE \$50* FEE WHEN DEPOSIT IS RECEIVED BY 2007 MARCH 15	FULL PRICE
Regular	<input type="checkbox"/> \$430	<input type="checkbox"/> \$480

**REFUND POLICY:** Full refund of registration deposit/fee will be made, less \$50 processing fee, upon receipt of written request received at least one month prior to workshop starting date.

## 2007 April 15-18 TIR Workshop

Contact George for location in Laramie  
Phone: 307-399-4818  
E-Mail: rockymountain@mail2emergency.com

**Pre-requisite: None**

## MAIL-IN YOUR REGISTRATION TODAY!

Attention: George W. Doherty  
Rocky Mountain Region Disaster  
Mental Health Institute  
Box 786  
Laramie WY 82073-0786

PHONE NUMBER(S) IN ORDER OF PREFERENCE

E-MAIL ADDRESS

NAME SUFFIX

ORGANIZATION NAME IF USING ORGANIZATION ADDRESS

ADDRESS

CITY

STATE/PROVINCE/REGION POSTAL CODE COUNTRY

## WORKSHOP PAYMENT

MAKE CHECK IN US DOLLARS PAYABLE TO:  
**RMRDMHI** AMOUNT \$

OR PAY ONLINE USING A CREDIT CARD & PAYPAL AT  
**WWW.RMRINSTITUTE.ORG/TIRR.HTML**

**Thank you!**