

Activities
in
2008:

TRAININGS:

**ONLINE COURSES
AVAILABLE FOR
CONTINUING EDUCATION
CREDIT:**

The following course is available online: *Crisis Intervention Training for Disaster Workers* You can preview the course and access where to sign up by going to:

http://www.psychceu.com/CISM/cism_index.asp

It is approved for 12 CEUs by a number of accrediting bodies. Go to the site through the link above to view the list.

- Additional online courses for continuing education credit are planned to be available in the fall of 2008 through the Institute.
- **Coming in October:**

From Crisis to Recovery: Strategic Planning for Response, Resilience and Recovery

WYO CISM NET



A Newsletter For Critical Incident Responders In Wyoming

August, 2008

RECENT SAMHSA CONFERENCE HIGHLIGHTS

SAMHSA recently held a conference that focused on a number of major areas, including those surrounding our returning veterans and related topics. The slide presentations for these have been made available. Links to these will be provided over the next few issues of WYO CISM NET. It is suggested that you download these, if interested, and make use of them in any trainings and or presentations:

Helping Affected Children of Returning Vets

They are our children, and so many of them are doubly impacted –by losses associated with alcohol or drug problems and losses associated with deployment. Their problems create widespread social disarray, impair learning and impede healthy development. They need help and they can be helped. Return to civilian life or returning from the war goes better when the whole family is helped. http://www.rmrinstitute.org/children_of_returning_vets.pdf

A Clinical Perspective: Addressing mental health, substance abuse, and co-occurring issues of traumatic stress. Personal and Occupational Factors Contributing to Symptoms and Treatment of PTSD for the Reservists and National Guard Service Members

<http://www.rmrinstitute.org/slides-clinical-perspective-wkshp.pdf>

Courage After Fire

Coping Strategies for Returning Troops and Their Families: Reactions to War, Strengthening Your Mind and Body, Coping Strategies, Grief and Loss. Changed Views of Self, Others, and the World: Returning to Civilian Life, Restoring Family Roles and Relationships and Resources.

<http://www.angelfire.com/biz7/rmrinstitute/slides>

[-coping-strategies-for-returning-troops.pdf](#)

Meeting the Returning Veteran's Needs... Cooperation and Collaboration

When they are ready, Where they live, In the most effective manner.

<http://www.rmrinstitute.org/slides-caring-for-returning-veterans.pdf>

7th Rocky Mountain Region Disaster Mental Health Conference - November 6-8, 2008 Hampton Inn, Laramie, Wyoming

RETURNING TO EQUILIBRIUM:

- Returning Military: Families, Readjustment and Community Support;
- Pandemic Events, Disasters and Terrorism: Dealing With Fears;
- Strategic Planning, Response and Follow-up;
- CISM Team Development;
- Social and Economic Effects of Energy: Development in Western States;
- Global Warming;
- Updates on Recent Disasters: Local, National, Regional, International

REGISTER BEFORE SEPTEMBER 5 and Save \$80. We have negotiated a very special room rate of \$85 per night (Hampton Inn) for single room plus tax. If conference attendees book a rental car through Enterprise, then Enterprise will book them a room at the Hilton at the University of Wyoming Conference Center for \$99.00/night. Call 307-721-9076 Register for Conference and pay Registration online <http://laramie-dmh-conference-2008.eventbrite.com>

BOOKS

“Crisis Intervention Training for Disaster Workers: An Introduction”

Published by the Rocky Mountain Disaster Mental Health Institute Press (an imprint of Loving Healing Press, Ann Arbor, MI. The book can be ordered through Amazon.com by going to:

<http://www.amazon.com/exec/obidos/ASIN/1932690425>

If ordering in bulk to use as an instructor or for a college or university course, please contact the Institute for details (307-399-4818) or email: rockymountain@mail2emergency.com

Proceedings of the 5th Rocky Mountain Region Disaster Mental Health Conference (Paperback)

<http://www.amazon.com/exec/obidos/ASIN/1932690379/>

Kindle Page:

<http://www.amazon.com/Proceedings-Mountain-Disaster-Conference-RMRDMHI/dp/B000ZM0VIE>

Proceedings of the 6th Rocky Mountain Region Disaster Mental Health Conference

This publication is now available. It is available on Amazon.com at:

<http://www.amazon.com/Proceedings-Mountain-Region-Disaster-Conference/dp/1932690565/>

A limited number are available through the Institute. To order one or more copies, please send an email or letter to the Institute rockymountain@mail2emergency.com indicating the number you want to purchase.

If paying by credit card, go to the following secure

Earthquake—China

(Reprinted from Natural Hazards Observer)

On May 12, a magnitude 7.9 earthquake struck central China, devastating a region of small cities and towns in Sichuan and nearby provinces. The earthquake resulted from motion on a northeast striking reverse fault or thrust fault on the northwestern margin of the Sichuan Basin.

The quake hit 60 miles northwest of Chengdu in the middle of the school day and left hundreds of students and teachers trapped under the rubble of toppled schools. The Xinhua News Agency reported that 80 percent of the buildings in Beichuan County in Sichuan Province collapsed.

On Sunday, May 25, a magnitude-6.0 aftershock destroyed tens of thousands of homes and strained recovery efforts. As of May 26, the death toll was reported to be more than 65,000, with over 5.3 million buildings destroyed and 21 million damaged as a result of the initial event and its aftershocks.

The quake is considered the deadliest to hit China since 1976.

Volcanic Eruption—Chile

On May 2, Chaiten Volcano in southern Chile began erupting for the first time in 9,000 years. The eruption triggered tremors and prompted evacuations. Volcanic ash rained over the town of Chaiten, which is located in Chilean Patagonia about 760 miles south of Santiago. About 5,000 people were evacuated, and one elderly person reportedly died during evacuation efforts. Regional airports were closed when satellite images revealed that the air was filled with ash. Ash clouds covered nearly a third of neighboring Argentina.

Wildfires in Wyoming – Update as of August 5, 2008

The Gunbarrel and New Fork Lakes fires in northwest Wyoming grew substantially Thursday and Friday due to strong winds and hot temperatures.

The New Fork Lakes Fire, 19 miles north of Pinedale, gained roughly a thousand acres since Thursday, from 2,600 acres to 3,600 acres, as it continued to burn southeast into the Bridger Wilderness. Fire crews succeeded in building containment lines from New Fork Lakes to Little Flat Top Mountain and north of the Willow Creek Guard Station. The fire is now 2 percent contained.

Officials also reported another fire in the same vicinity called the Blueberry Lake Fire. It is just north of Boulder Lake and has burned about an acre. Bridger-Teton National Forest spokeswoman Mary Cernicek said fire personnel expected to contain the blaze by Friday evening. As with the New Fork Lakes Fire, the Blueberry Lake Fire was caused by an escaped campfire. “Put your campfires out,” Cernicek said.

Bridger-Teton officials are asking that all visitors to the forest make a special effort to ensure their campfires are completely extinguished before leaving them unattended. A properly extinguished campfire is cold to the touch and ashes are thoroughly wetted with water.

“Leaving a campfire unattended is punishable by a monetary fine,” said Bridger-Teton fire prevention technician Nan Stinson. “If your abandoned campfire results in a wildfire, you could be held responsible for the cost of that blaze.”

Near Fishing Bridge in Yellowstone National Park, officials revised the estimated size of the LeHardy Fire from 600 acres to 505 acres after a reconnaissance flight Thursday afternoon. Officials have reopened the Grand Loop Road between Fishing Bridge Junction and Mud Volcano.

On Shoshone National Forest, the Gunbarrel Fire started about 38 miles west of Cody with a lightning strike June 26 and roughly doubled in size from 4,700 acres Thursday afternoon to about 9,500 acres Friday.

7th Annual Rocky Mountain Region Disaster Mental Health Conference

November 6-8, 2008.
Laramie, WY
Hampton Inn

CALL FOR PAPERS

http://www.rmrinstitute.org/Call_for_Papers-2008.doc

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- CISM Team Development
- Social and Economic Effects of Energy Development in Western States
- Global Warming
- Updates on Recent Disasters: National, Regional, International

SAVE \$80 on REGISTRATION
Register Before September 5 for
BEST DEAL

Go to <http://laramie-dmh-conference-2008.eventbrite.com>

The fire has moved to within a half-mile of the Absaroka and Elephant Head lodges, and the owners of both businesses asked their guests and employees to leave the area while roughly 70 fire personnel worked to install sprinklers and other structure protection devices.

The blaze was burning in heavy timber and bug-killed trees along Gunbarrel Creek, a section of rough terrain that Shoshone fire officials deemed too dangerous for fire personnel to attempt containment efforts. There was a red-flag warning on the Gunbarrel Fire, meaning conditions are ripe for the fire to expand.

On Wednesday, Bridger-Teton National Forest and Grand Teton National Park raised the fire danger level from "high" to "very high" because of warm temperatures, low humidity and high winds.

Aleutian Volcano Erupts Explosively

Kasatochi Volcano in Alaska's Aleutian Islands erupted explosively Aug. 7, sending an ash plume more than 35,000 feet into the air and forcing two biologists from the U.S. Fish and Wildlife Service to evacuate the island.

"Kasatochi went from a quiet volcano to an explosive eruption within 24 hours and with very little warning," said USGS volcano scientist Marianne Guffanti. "We are thankful our colleagues were able to get out before the eruption began. They were rescued just in time by a local fishing boat."

Kasatochi is the third volcano to erupt in the Aleutian Islands in three weeks. Okmok Volcano erupted unexpectedly and explosively on July 12, followed by Cleveland Volcano, 100 miles away, on July 21. Both volcanoes sent ash plumes skyrocketing and caused commercial airline flights to be diverted or cancelled.

Scientists relied on seismic instruments on other volcano networks in the area to detect activity at Kasatochi volcano.

"Fortunately, the existing seismic networks on nearby volcanoes picked up the activity at Kasatochi volcano," said Tom Murray, scientist-in-charge of the Alaska Volcano Observatory (AVO). "They were installed with funding from the Federal Aviation Administration to reduce the hazard to

aviation from volcanic ash. These networks were crucial in recognizing that this volcano had entered the first stage of a major eruption."

"Our hope is to have monitoring equipment on all volcanoes that pose the greatest threats to public safety," said Guffanti. "Satellite imagery is useful to see the big picture of what is happening and what is going into the atmosphere. But direct instrumentation, such as placing seismic monitors around a volcano, will help give an early warning and give people more time to plan for hazardous events."

Scientists are working around the clock to monitor the volcanoes and keep the public and emergency responders informed.

Resources

A Bibliography on Evacuation from Building Fires: Education, Behavior, and Simulation Techniques (2007)

www.colorado.edu/hazards/library/BuildingEvacBib2007.doc

This bibliography contains over 200 references to published documents that address the following topics related to building fires: 1) occupant training and education; 2) behavioral modeling of occupant evacuation from building fires; 3) occupant behavioral response to information, warnings, and cues in building fires; and 4) computer models used to simulate occupant evacuation from building fires. This bibliography is a work-in-progress. Please email Erica Kuligowski (erica.kuligowski@colorado.edu) with suggestions for additions.

Interoperability as a Function of Disaster Response - Bibliography

<http://www.colorado.edu/hazards/library/interoperability.doc>

Containing 20 citations, this bibliography presents media briefings, Congressional acts, government reports, manuals, and academic literature addressing interoperability and its function in effective disaster response.

CURRENT CISM TEAMS IN WYOMING

Following Teams are organized & available to respond within the state:

- **WSH CISM Team** – Wyoming Registered Team
Peer Coordinator: Darin Damron Mental Health
Coordinator: Pamela R. Fuller, PhD
CONTACT: 307-789-3464 Ext. O
- **Uinta CISM Team** – Wyoming Registered Team
Peer Coordinator: Sgt. Dennis Hutchinson, Uinta County Sheriff's Office Mental Health
Coordinator: Pamela R. Fuller, PhD **CONTACT:** 307-789-3464 Ext. O
- **Snowy Range CISM Team** - National Registered Team
Peer Coordinator: Dave Smith, Laramie Mental Health Coordinator:
George W. Doherty Rocky Mountain Region Disaster Mental Health Institute
CONTACT: 800-821-3711
Email: rockymountain@mail2emergency.com
- **Casper CISM Current**
Coordinators: Lt. Stewart Anderson & Theresa Simpson
CONTACT: 307-235-9205
- **Sweetwater ASSIST CISM Team**
Wyoming Registered Team
Peer Coordinator: Sgt Randy Hanson, Rock Springs Police Dept
Mental Health Coordinator: Michael Bauer
S.W. Counseling
CONTACT: 307-352-1575
Email: randy_hanson@rswy.net
- **Fremont County CISM Team**
Peer Coordinator: Sgt Jerry Evagelatos, Sheriff's Department
Mental Health Coordinator: Alice Nichol Central Wyoming Community Coll
CONTACT: 307- 857-3604
jerryev@trib.com
- **Campbell County CISM Team** – Wyoming Registered Team
Coordinator: Bob Rudichar rudichabw@ccmh.net
Peer Coordinator: Charlie Messenheimer Mental Health Coordinator: Robin Voigt **CONTACT:** 307-685-1067 (Press 8)
- **Southeast Wyoming CISM Team** Coordinators: Sandra Jacquez and Dori Clark **CONTACT:** 307-637-6525 or business hours 307-637-6507 or 307-633-4756
- **Sheridan CISM Admin**

TEAM UPDATES

SWEETWATER ASSIST- Rock Springs – Sgt Randy Hanson, Peer Coordinator:

July Meeting -Tues July 15TH 2008 5-8pm @ Golf Course Picnic Area **ATTENDING:** Everyone came and brought family or friends. "THANKS" to all who came and brought something to the picnic.

This year was another success. (Even better than last year, this year the weather was warm!) We had about 25-30 people who attended. We all ate and had a good time. We briefly talked about the Strategic Plan developed by the team members (Steve and Mike) after the Pandemic Flu exercise last month. A copy can be found at our e-mail site.... Sweetwater ASSIST @Yahoo.com It was good to talk and network with others and families... We sure know how to throw a good picnic!!!

****NEXT MEETING**** TUES
AUGUST 19TH 2008 @ RSPD TRAINING
ROOM 5:30-8:00pm This Month's Topic
is: "THE 7 STEPS TO A
DEBRIEFING" HOPE TO SEE YOU
THERE !!!!!

Campbell County CISM Team – Bob Rudichar,
Team Coordinator
July activities

1. Training session with Gordon Harper on STRESS MANAGEMENT: We filled out two stress management surveys from "Stress Management for the Trauma Service Provider". The first dealt with stress coping skills and the second with compassion fatigue and burnout. Good discussion followed.
2. Monthly meeting was on Monday, July 7, with 8 in attendance. Discussed SPIRE outcome. Discussed After-Action Report.
3. New Team shirts with logo passed out. Baseball cap now available with team logo.
4. The CC CISM Team will be hosting the *Group Crisis Intervention* course as follows:
Group Crisis Intervention
September 12 & 13, 2008
8:00 am to 5:00 pm daily
Campbell County Fire
Department
Community Room at Station One
106 Rohan
Gillette, Wyoming

ICISF Approved Instructor:
Gordon E. Harper.
Registration: \$100
For a brochure and registration form, contact Gordon E. Harper as follows:

Home: 307.682.0246
Office: 307.686.2485
Cell: 307.680.6286

(days only)

5. Finally, after a year and a half of working on this, our Team has received sponsorship through Campbell County Memorial Hospital. Yea! Business cards, informational brochures, PowerPoint presentations, and the like, are now in the offing.

6. Two pre-incident education presentations on CISM: Dealing with Death-related Stress and Grief in the Healthcare Setting by Bob W. Rudichar.

Rod Warne taught a two hour class on stress management for a Detention Officer Basic class on June 12th at WLEA.

Rod is also e-mailing back and forth with a Sergeant from the Wyoming Department of Corrections Training Cadre on stress management. WYDOC is putting together a CISM team from what I understand. He gave him the web site for Rocky Mountain Mental Health Disaster Institute and George's name should they require any assistance. The Wyoming Law Enforcement Academy gave him Rod's name to assist him with stress management as he teaches to the Corrections Officers.

For anyone interested in this pre-incident model for your local medical facility, contact Bob W. Rudichar as follows:

Office: 307.688.1540
Cell: 307.660.3777

Note of thanks: George Doherty did a fine job of helping us to formulate our Strategic Plan for the SPIRE participation. A lot of thought and detail went into the follow-up model, as well. We appreciate his capable leadership and caring insights for approaching community and state-wide disaster considerations and for maintaining connectivity among Wyoming's CISM teams through the WYO CISM NET program.