

ROCKY MOUNTAIN REGION
DISASTER MENTAL HEALTH
INSTITUTE



Learning from the past and planning for the future

Presents

CRITICAL INCIDENT STRESS
MANAGEMENT (CISM) IN WYOMING

February 23-24, 2007
Gillette, WYOMING

www.rmrinstitute.org/cism-Gillette-2007.pdf

Funded in part by:
HRSA Bioterrorism Hospital
Preparedness Program
Wyoming Department of Health
Office of Emergency Medical Services

Pastoral Crisis Intervention
Instructor: Rev. Bob W. Rudichar

February 23-24, 2007

8:30 AM – 5:00 PM

Pastoral Crisis Intervention may be thought of as the combination of faith-based resources with traditional techniques of crisis intervention. Pastoral crisis intervention represents a powerful addition to traditional community and organizational psychological support resources. The purpose of this two-day workshop is to assist the participants in learning how pastoral interventions and traditional psychological crisis interventions may be effectively integrated. Chaplains, pastoral counselors, mental health professionals, ministers, and anyone interested in the use of faith-based resources in healing should find this course of interest. (*13 contact hours; 1.3 General CEUs from UMBC*).

Advanced Group Crisis Intervention
Instructor: George W. Doherty

February 23-24, 2007

8:30 AM – 5:00 PM

The Advanced Group Crisis Intervention training program has been designed to provide participants with the latest information on critical incident stress management techniques and post-trauma syndromes. The program emphasizes a broadening of the knowledge base concerning critical incident stress interventions as well as Post-Traumatic Stress Disorder which was established in the basic program and/or in publications. At the conclusion of this educational program the participants will have been exposed to specific, proven strategies to intervene with those suffering the ill effects of their exposure to trauma. The emphasis will be on advanced defusings and debriefings in complex situations. The Advanced Group Crisis Intervention training has been developed for EAP, human resources and public safety personnel, mental health professionals, chaplains, paramedics, firefighters, physicians, police officers, nurses, dispatchers, airline personnel and disaster workers who are already trained in the critical incident stress debriefing format. It will also be useful for those who are working extensively with traumatized victims from various walks of life. (*14 Contact Hours; OR 1.4 general CEUs from UMBC*). Completion of The CISM: Advanced Group Crisis Intervention class and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

INSTRUCTORS:

Rev. Bob W. Rudichar is the Chaplain Services Coordinator for Campbell County Memorial Hospital, Gillette, Wyoming, also serving as pastor at Cornerstone Church of God. He is endorsed by the Church of God Chaplains Commission, Cleveland, Tennessee, is a member of the International Association of Christian Chaplains and an endorsed instructor and member with the International Critical Incident Stress Foundation, Ellicott City, Maryland. Bob also serves as the Team Coordinator and Co-Training Coordinator with the Campbell County CISM Team in Gillette.

GEORGE W. DOHERTY, MS, LPC resides in Laramie, WY where he founded the Rocky Mountain Region Disaster Mental Health Institute, Inc. He is currently employed as the President/CEO of this organization and also serves as Clinical Coordinator of the Snowy Range Critical Incident Team. He has been involved with disaster relief since 1995, serving as a Disaster Mental Health Specialist with such incidents as the Union Pacific train wreck in Laramie, Hurricane Fran in North Carolina, the Cincinnati floods in Falmouth, KY, and Tropical Storm Allison, TX. He served as Supervisor for Disaster Mental Health for flash floods in Ft. Collins, CO and spent a month as the Red Cross Disaster Mental Health Coordinator for western Puerto Rico in the aftermath of Hurricane George. He has extensive experience conducting CISM debriefings with first responders and others and is a member of a national crisis care network, providing assistance to companies and other organizations following critical incidents involving sudden deaths and similar traumatic events. He has also published numerous articles in disaster mental health and traumatic stress publications and served as Guest Editor for 2 Special Editions of the journal *Traumatology* (1999 & 2004). He served as an officer in the US Air Force and served 11 years in Air Search & Rescue with Civil Air Patrol (an Air Force Auxiliary) in WY. He is a Licensed Professional Counselor in private practice and has been an adjunct instructor for a number of colleges, including Northern Nevada Community College, Kennedy-Western University and the University of Wyoming. He is a Trained Trainer & Level II member of the International Critical Incident Stress Foundation (ICISF), Certified Practitioner/Lecturer – POST, member of American Counseling Association (ACA), Associate member American Psychological Association (APA), Life Member Air Force Association, Life member Military Officers Association of America.

CERTIFICATIONS

Courses offered here qualify as classes in ICISF's Certificate of Specialized Training Program. The courses offered meet partial requirements for individuals seeking certification from the **Rocky Mountain Region Disaster Mental Health Institute** as a Certified Disaster Mental Health Responder, Certified Disaster Mental Health Specialist, Certified Crisis Intervention Responder, Certified CISM Specialist.

Courses offered meet partial requirements for individuals seeking certification from the Association of Traumatic Stress Specialists (ATSS) as a Certified Trauma Specialist (CTS), Certified Trauma Responder (CTR), and/or Certified Trauma Services Specialist (CTSS) designation. ATSS offers board certification to qualified individuals who provide services, intervention, and treatment in the field of traumatic stress. Those seeking certification from ATSS must present evidence of attendance for specific courses. For information regarding certification or ATSS membership, call (800) 991-ATSS (2877) or visit the ATSS web site at www.ATSS.info.

CONTINUING EDUCATION Certificates will be provided to participants upon successful completion of these courses and will indicate the number of Contact Hours. These can be used for proof of completion for continuing education with the Wyoming Mental Health Professions Licensing Board. CEUs and POST credit are offered. Please call concerning CE requirements for other professions. (307-399-4818)

CERTIFICATES OF ATTENDANCE All participants in workshops will be awarded Continuing Education Units (CEUs) from UMBC (University of Maryland, Baltimore County) on their attendance certificate following verification of attendance by checking in at the Registration Desk before 10:00 AM daily. All certificates are distributed on-site at the completion of each class to participants whose attendance has been verified. Late registrants and on-site registrants will receive their certificates by mail. Registrants who do not show up will be charged a \$25 fee to cover the costs of manuals ordered and certificates printed prior to the class. Participants who do not pick up their certificate must contact the Institute to receive it and may be charged an additional fee.

UMBC CEUs are awarded in a ratio of one Continuing Education Unit for every 10 Contact Hours (refer to course descriptions for Contact Hours & UMBC CEUs). ICISF certificates of attendance are not proof of profession specific CE/Contact Hours. Many national, state and local licensing boards and professional organizations will grant Continuing Education credit for attendance at these courses (save this brochure and your Certificate of Attendance). It is the responsibility of the participant to determine if his or her licensing board will accept these CEUs.

REGISTRATION INFORMATION PLEASE PRINT OR TYPE

Space in workshops is limited. Please register early to ensure your place.

LAST NAME _____ FIRST NAME _____

ADDRESS _____

CITY, STATE _____ ZIP _____

PHONE _____

EMAIL _____

ORGANIZATION _____

PRIMARY OCCUPATION _____

WYO CISM NET Member () NO () YES

Institute Member? () NO () YES

() CHECK HERE IF YOU REQUIRE SPECIAL ARRANGEMENTS TO ACCOMMODATE A DISABILITY

MAIL REGISTRATION TO:

Rocky Mountain Region
Disaster Mental Health Institute
Box 786
Laramie, WY 82073-0786 or Call: (307) 399-4818

___ If paying by PO or Voucher, please make out to **RMRDMHI**
(Please have PO or Voucher accompany registration form)

Registration Fee:

___ CISM: Pastoral Crisis Intervention \$75

___ CISM: Advanced Group Crisis Intervention \$75

To register by phone or for questions, please call:
307-399-4818 or email: rockymountain@mail2emergency.com

Please enclose full payment with registration form. Check method of payment. If paying by Credit Card, please go to website:
<http://www.angelfire.com/biz7/rmrinstitute/Gillette-pay.html> and pay through PayPal.

___ Check for \$_____ (Make payable to: **RMRDMHI**)

___ Credit Card through PayPal

To Pay by credit card, go to:

<http://www.angelfire.com/biz7/rmrinstitute/Gillette-pay.html>

Registration fee will be returned, minus \$25 processing fee, if written notification (by email or postal mail) is sent at least 48 hours prior to workshop dates. This allows us to make sure proper materials are ordered and non-needed certificates are not printed. Requests after the 48 hour period will forfeit fees. However the fees can be applied to a future training if used within 2007.

The Rocky Mountain Region Disaster Mental Health Institute is an independent, nonprofit, 501(c) (3) corporation whose mission is to promote the development and application of practice, research, and training in disaster mental health, Critical Incident Stress Management, traumatology and other emergency response interventions and the promotion of community awareness, resilience and recovery. This includes hazards vulnerability and mitigation research, planning and training for first responders, mental health professionals, chaplains and related personnel.

PURPOSE:

The purpose of the Institute is to provide a forum for presentation of research results, education, training and consultation in Disaster Mental Health Services (DMHS) and Critical Incident Stress Management (CISD/CISM), advances in delivery of DMHS and CISD/CISM, discussion and sharing of information, ideas and plans, development of a DMHS and CISD/CISM research and service delivery network, presentation of Continuing Education training for mental health professionals, first responders and chaplains, training for newly recruited DMHS and CISD/CISM volunteers and first responders, and publication of program proceedings and papers as appropriate for dissemination to DMHS and CISD/CISM professionals and first responders locally, regionally and nationally.

SIGNIFICANCE:

Mental Health Services before, during and following disasters, critical incidents, crises, and terrorist activities are becoming an integral part of disaster and critical incident preparedness, mitigation, response, and follow-up. Disaster Mental Health Services is a relatively new field which has expanded significantly within the past ten years. Critical Incident Stress Debriefing and Critical Incident Stress Management have been around since the early 1980s. In order to continue to grow and meet identified needs, both will require continued development as well as focused research and training. Research will help identify how Mental Health Services can best be utilized as well as how relevant changes need to be made in practice. Networking and sharing experiences can also help develop resources.

The long-term goal includes training emergency Disaster Mental Health teams and CISM teams to conduct interventions for corporations, states, municipalities and rural communities in the Rocky Mountain region and to evaluate their effectiveness in reducing the

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effects of trauma on first responders and others as well as affected communities and organizations.

**Rocky Mountain Region
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Box 786
Laramie, WY 82073-0786**

